

# *Color Me Beautiful*

## *What Value Color Best Represents You?*

### **Part 1: Situations**

**This section consists of situations with possible reactions to each. Consider the reactions in each question and mark the one response most like you AS A CHILD. Try not to focus on how you wish you were, or how you would like to be. Remember, your first impression is usually the best.**

1. In my youth, life was most meaningful when it:

- a) Was filled with accomplishment and leadership opportunities
- b) Allowed me to be playful, optimistic, and carefree
- c) Was filled with meaningful friends and purpose
- d) Was free of pressure, conflict, and unnecessary stress
- e) Was exciting and changing
- f) Was orderly and peaceful
- g) Had lots of learning and experiences
- h) Was filled with influential people and moments

2. As a child, when my friend was in trouble, I was:

- a) Protective, resourceful, and recommending of solutions
- b) Nonjudgmental, optimistic, and downplaying of the seriousness of the situation
- c) Supportive, patient, and a good listener
- d) Concerned, empathetic, and loyal - regardless of the problem
- e) Supportive by offering advice and choices for solutions.
- f) Helpful and willing to assist
- g) Always looking for and expressing the ways that growth would come through the experience
- h) caring, honest, and reliable

3. I was most likely known for being:

- a) Determined and assertive
- b) Charismatic and positive
- c) Compassionate and honest
- d) Kind and pleasant
- e) Energetic and a deep thinker
- f) Reliable and trust worthy
- g) Adventurous and curious
- h) Quality based and confident

### **Part 2: Strengths**

**For each set of words, choose the one trait that best describes how you behaved AS A CHILD.**

4.

- a) proactive
- b) carefree
- c) action-oriented
- d) peaceful
- e) productive
- f) analytical
- g) a good listener
- h) thoughtful

5.

- a) decisive
- b) sociable
- c) nurturing
- d) non-discriminate
- e) determined
- f) voice of reason
- g) curious
- h) deliberate

6.

- a) assertive
- b) fun-loving
- c) respectful
- d) loyal
- e) detail conscience
- f) responsible
- g) focused
- h) insightful

Total up your answers

A \_\_\_\_\_

D \_\_\_\_\_

G \_\_\_\_\_

B \_\_\_\_\_

E \_\_\_\_\_

H \_\_\_\_\_

C \_\_\_\_\_

F \_\_\_\_\_