

# 127—10 Hour Value Project Ideas

## Temple projects

- Do baptisms for the dead for 10 weeks
- Name extraction
- Volunteer to work on temple grounds
- Prepare family names for temple work
- Make white hair scrunchies for the temple

## Family history

- Family genealogy classes
- Record family stories from family members and compile family history
- Type up old family journals
- Compile a family recipe book
- Organize family photo albums complete with captions
- Compile a family testimony book

## Personal history

- Write your own personal history
- Keep a journal for 6 months
- Compile your own works of art, photography, poetry, or other accomplishments
- Make a book of remembrance
- Type up your old journal entries

## Arts and crafts

- Create a work of art
- Take an art class
- Make a portfolio of art you have done
- Teach a class
- Write and illustrate a children's book
- Organize and carry out an art fair
- Make a scrapbook
- Learn a new craft
- Enter a contest

## Sewing

- Sew and tie quilts
- Sew an article of clothing
- Alter your clothing to be more modest
- Sew a value pillow or quilt
- Sew scripture bags
- Sew your own prom dress
- Sew your own temple dress
- Sew finger puppets for children in the hospital or homeless shelters

### Cooking

- Compile recipes for a cook book or recipe box
- Cook meals for your family
- Learn how to make bread and donated it for the sacrament
- Learn how to can

### Service

- Volunteer at a soup kitchen or homeless shelter
- Adopt a family for Christmas
- Organize and carry out a blood drive
- Do service for the wives of the Bishopric
- Collect items for soldiers over seas
- Plan and carry out a carnival for primary children or children at a homeless shelter
- Tutor someone for free
- Humanitarian aid on lds.org
- Volunteer at the hospital
- Keep a journal to log service experiences

### Young women

- Be the Young Women historian
- Make something for the other Young Women
- Take charge of New Beginnings or Young Women in Excellence
- Be a youth leader at camp and make a real effort to prepare for it
- Make a monthly newsletter for Young Women's
- Make Personal Progress reminders for Young Women's
- Organize and present a modesty fashion show

### Friends

- Hold a Conference party
- Start a scripture study or discussion group
- Organize and carry out a surprise birthday party
- Make something as gifts for your friends
- Start an interest group
- Organize an alternative post-Prom party
- Start a book club

### Conference

- Re-watch Conference and write in your journal how talks apply to the value you are working on
- Compile quotes from General Authorities about the young women's values
- Make a conference Binder
- Create a day by day calendar with quotes from General Authorities
- Read a book by a General Authority

### Writing

- Write a book, play, short stories or poetry
- Write a children's book
- Keep a scripture journal and write in it every day
- Keep a journal and write in it every day
- Put together a devotional book

- Read “Using New Media to Support the Work of the Church” by Elder M. Russell Ballard and start a blog
- Write letters to missionaries

#### Health

- Start and keep an exercise routine
- Plan out healthy menus for your family
- Train for a half marathon
- Compile a family health history
- Keep a health journal of your diet, exercise and mood
- Start a routine of stress reducing activities
- Participate in a sport
- Learn how to dance

#### Music

- Learn how to play an musical instrument
- Learn a song and sing/play it for church
- Participate in a choir or band
- Start a band
- Teach music classes and hold a recital

#### Baby sitting

- Baby sit for couples attending the temple
- Baby sit for monthly Relief Society meetings
- Make a baby sitting kit
- Baby sit for couples attending ward choir practice
- Baby sit for free for low income families

#### Needle work

- Learn how to cross-stitch
- Learn how to knit
- Learn how to crochet
- Teach a class
- Make baby hats for the NICU

#### Planning for your future

- Decorate your room on a budget
- Research and compile a list of possible careers
- Look at colleges you want to attend and compare them
- Take an AP class to help you prepare for college

#### Family

- Put together a Family Home Evening idea book
- Plan a family reunion
- Plan a family vacation
- Baby sit siblings
- Help with extra chores
- Teach something to a younger sibling

### Skills

- Grow a garden
- Be in a play
- Train a dog
- Learn sign language
- Become CPR and/or First Aid certified
- Enter a competition or contest in a skill you have developed

### Ward

- Volunteer to help with activity days
- Plan and carry out a ward Halloween carnival or trunk-or-treat
- Create lesson plans for nursery
- Plan and hold a carnival for primary children

### Memorizing

- “The Living Christ”
- Your Patriarchal Blessing
- “The Family: A Proclamation to the World”
- Scripture masteries
- An inspiring poem

### Cleanliness

- Clean and organize your room
- Clean the garage or attic
- Do your own laundry
- Organize your closet