

# Purpose

To help you understand that happiness comes when we forgive others, as Jesus Christ did.



# Lesson 40: I Can Forgive Others



**OUR OPENING PRAYER WILL  
BE GIVEN BY**

(Enter name here)

Listen carefully to  
the following  
situation



You are walking with a large load of books and papers (or other items) in your arms. Suddenly someone bumps into you. You fall down and drop the things you have been carrying. Your books and papers scatter all over the ground.



Has something like  
this ever happened to  
you?





How did you feel?

I'm going to describe two different endings to this situation.

Ask them to decide which is the better ending.



- **Ending 1**
- You are upset about falling and dropping all your things. When the person who ran into you apologizes and offers to help you pick up your books and papers, you say, “No!” in an angry voice and push him away. You hope that tomorrow you see him carrying a lot of things so you can knock him down.





- **Ending 2**
- You are upset about falling and dropping all your things. When the person who ran into you apologizes and offers to help you pick up your things, you say, "Thank you."

\*The two of you quickly pick up the books and papers. You tell the person that you know he didn't mean to knock you down, and both of you walk away happy.

Which is the better ending to the story?





Why is the second ending better than the first?

What should we do when someone does something that we don't like or that makes us feel hurt or angry?



To forgive someone means to feel love and kindness for that person even though they have done something that hurt us or made us angry.





Sometimes it means we have to change our  
angry feelings toward that person to kind  
feelings.



When we forgive others, we do not want to hurt them or get back at them.





We are kind to them, even if they are not kind  
to us.



Let's listen to a story  
from the Bible about  
how Jesus Christ  
forgave those who  
hurt him.

This story is about  
Christ's trial and  
crucifixion, as found in  
Luke 23:13–34 and  
John 18:12–14, 19–24;  
19:1–5.

**Go to the Video**

**Go to the Narrated Slides**

**Continue**



After the trial, the soldiers led Jesus to a place called Calvary and nailed him to a cross.




Jesus wasn't angry  
with the soldiers  
for what they had  
done to him.



Instead he asked  
Heavenly Father to  
forgive the soldiers.

Let's listen to what Jesus said just before he died as found in the first sentence of Luke 23:34.

**34 ¶ Then said Jesus, Father, forgive them; for they know not what they do**



**“Father,  
forgive them;  
for they know  
not what they  
do.”**



Let's all say these words together.

**“Father, forgive them; for they  
know not what they do.”**

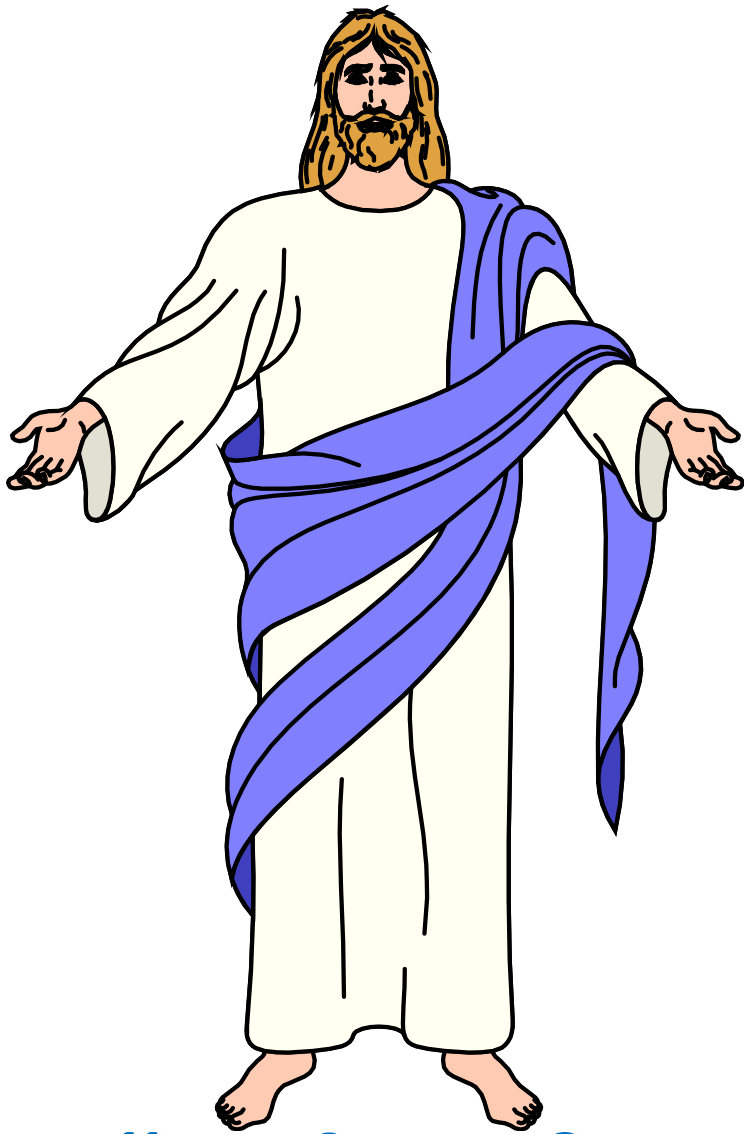
Even though the soldiers were unkind to Jesus, he forgave them and asked Heavenly Father to forgive them.

**“Father, forgive them; for they know not what they do.”**

When we are  
followers of Jesus  
Christ we try to do  
what he would do.



**“Father, forgive them; for they  
know not what they do.”**



Jesus always forgave  
those who were  
unkind to him.

**“Father, forgive them; for they  
know not what they do.”**

We should also  
forgive those who are  
unkind to us.



**“Father, forgive them; for they  
know not what they do.”**



Let's sing the words to  
the first verse of "help  
Me, Dear Father"

**"Father, forgive them; for they  
know not what they do."**

Listen carefully to the words, they are written like a prayer to help us feel how important it is to forgive others.



**“Father, forgive them; for they know not what they do.”**

# Help Me, Dear Father

1. Help me, dear Father, to freely forgive  
All who may seem unkind to me.  
Help me each day, Father, I pray;  
Help me live nearer, nearer to thee.

2<sup>nd</sup> Verse

Continue



Did you think about the meaning of the words  
as you sang them?

Sing it again

Listen to the following story about a  
child who knew how to forgive:

Kent's mother had asked him to clean up the yard. He was raking up all the leaves and small branches that had fallen from the trees and plants in the yard. Kent worked hard, and finally he had gathered all the leaves and branches into one big pile. Just then Jed came down the street, ran into the pile, and kicked leaves and branches in every direction. All of Kent's work was undone in a few seconds.

How do you think  
Kent felt when Jed did  
this?



Kent's brother saw what Jed did. He thought that Kent should chase Jed and beat him up for scattering the pile of leaves and branches.



What could Kent do?

Kent did run after Jed. But instead of hitting Jed, Kent asked him if he had any work left to do that day. Jed nodded.

Kent offered to help Jed with his work if Jed would help rake the leaves into a pile again. Jed agreed, and the two boys had a good time working together.

If we forgive others and treat them kindly, as  
Kent treated Jed, we will feel happy inside.



If we do not forgive, we will continue to feel hurt or angry, and we will not be happy.

We need to forgive others so we can be  
happy.

Tell if you think the child I'm about to describe, showed forgiveness?

1. Jan had just finished drawing a beautiful picture when her little brother came and scribbled all over it with a crayon. Jan was so upset that she yelled and slapped her brother's hand.

1. Jan had just finished drawing a beautiful picture when her little brother came and scribbled all over it with a crayon. Jan was so upset that she yelled and slapped her brother's hand.

**Did Jan show forgiveness?**

1. Jan had just finished drawing a beautiful picture when her little brother came and scribbled all over it with a crayon. Jan was so upset that she yelled and slapped her brother's hand.

**How do you think Jan felt inside?**

1. Jan had just finished drawing a beautiful picture when her little brother came and scribbled all over it with a crayon. Jan was so upset that she yelled and slapped her brother's hand.

**What could Jan do to show forgiveness to her brother?**

- 2. On the playground, Donna came up to Cali and pushed her down. Donna ran away laughing. The next day, Donna fell out of the swing and hurt her knee. Cali rushed over and helped her up.



- 2. On the playground, Donna came up to Cali and pushed her down. Donna ran away laughing. The next day, Donna fell out of the swing and hurt her knee. Cali rushed over and helped her up.

**Did Cali show forgiveness?**

- 2. On the playground, Donna came up to Cali and pushed her down. Donna ran away laughing. The next day, Donna fell out of the swing and hurt her knee. Cali rushed over and helped her up.

**How do you think Cali felt inside?**

- 3. When Chad was waiting to get a drink of water from the fountain, the boy in front of him turned and threw water on him. Chad's face was all wet, but he just turned and walked away without saying a word. The next day when Chad was getting a drink, the same boy walked by. Chad could have thrown water on the boy, but he didn't.

- 3. When Chad was waiting to get a drink of water from the fountain, the boy in front of him turned and threw water on him. Chad's face was all wet, but he just turned and walked away without saying a word. The next day when Chad was getting a drink, the same boy walked by. Chad could have thrown water on the boy, but he didn't.

**Did Chad show forgiveness?**

- 3. When Chad was waiting to get a drink of water from the fountain, the boy in front of him turned and threw water on him. Chad's face was all wet, but he just turned and walked away without saying a word. The next day when Chad was getting a drink, the same boy walked by. Chad could have thrown water on the boy, but he didn't.

**How do you think Chad felt inside?**

It's time for the

Can You Remember

Game

First you pick a number from 1 to 8.

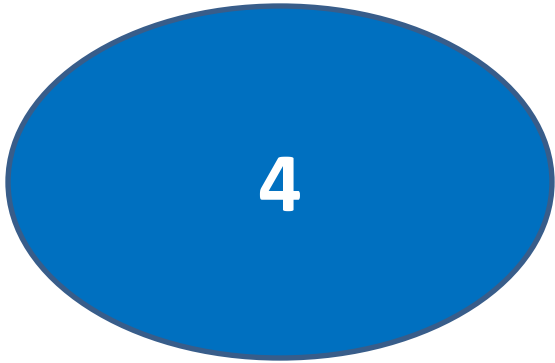
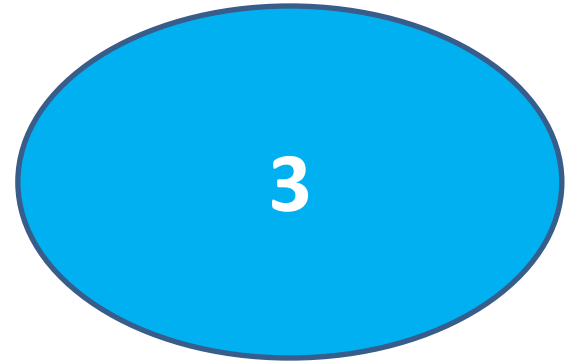
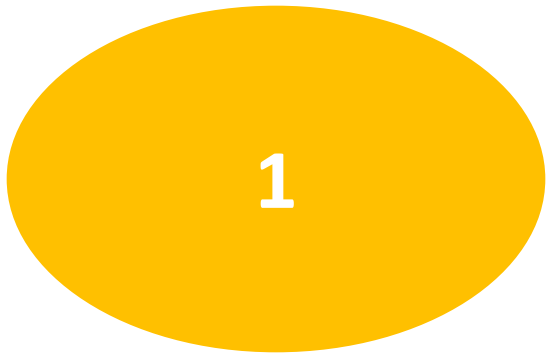
(Try not to pick a number someone else already chose)

Then you try to answer the question.

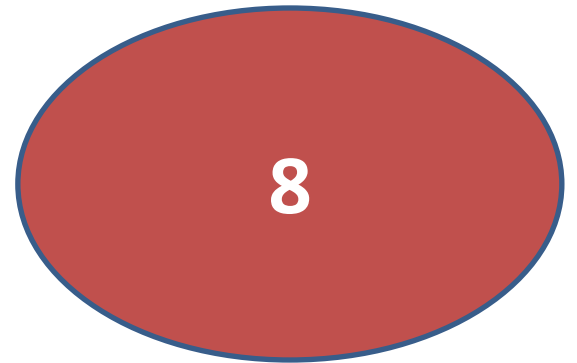
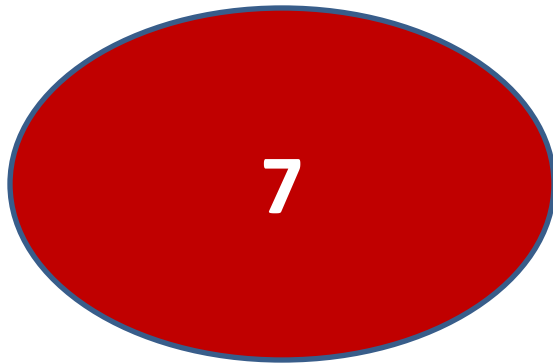
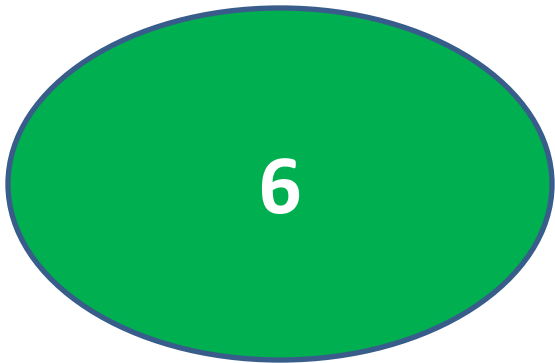
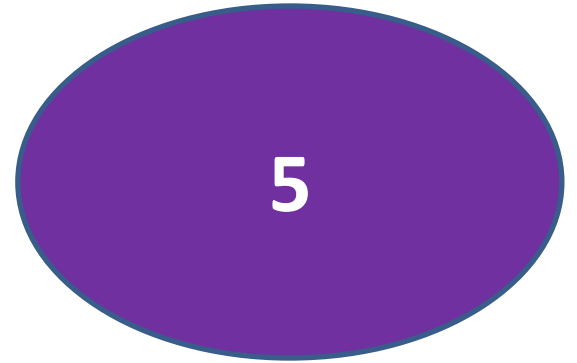


That's all there is too it, so if you're ready

Let's play



**Pick a number**



**C T R**



**Let's all repeat  
this together**

**I CAN CHOOSE THE RIGHT**

**C T R**



**When we  
forgive others  
as Jesus did,  
we are  
choosing the  
right.**

**I CAN CHOOSE THE RIGHT**



**When you  
look at your  
ring it can help  
remind you to  
choose the  
right by  
forgiving  
others.**

# TESTIMONY

I want to testify that we can be happy when we forgive others and treat them kindly.

I want to encourage you to make a special effort to forgive other this week.

Discuss forgiveness with your families and about today's lesson.



**OUR CLOSING PRAYER WILL  
BE GIVEN BY**

**(Enter Name Here)**

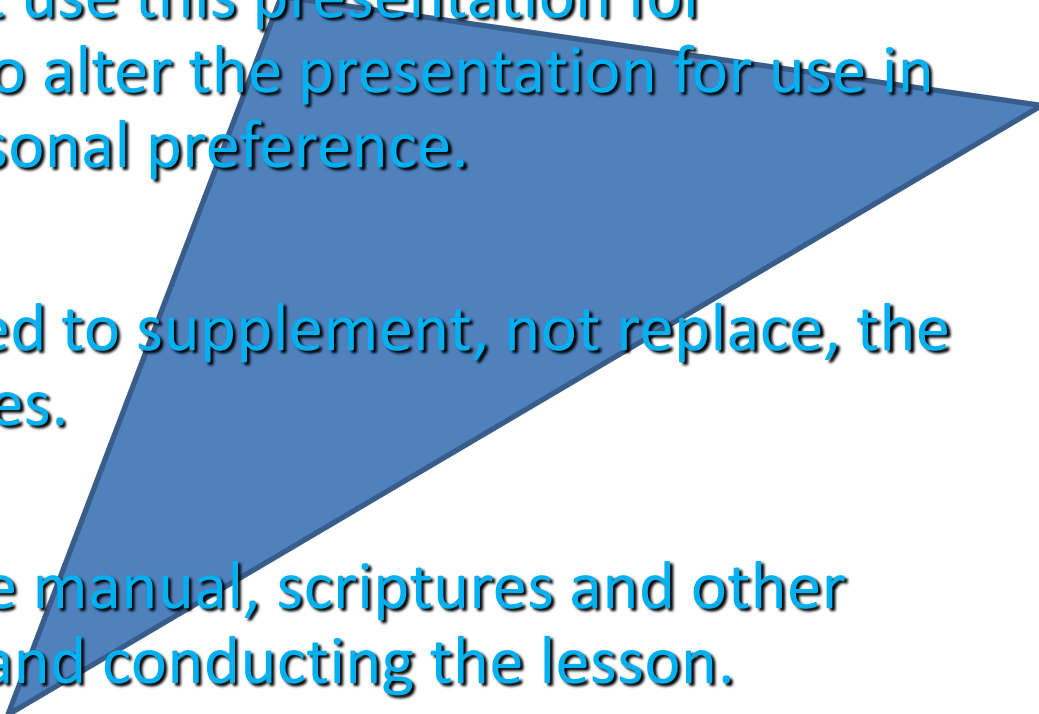
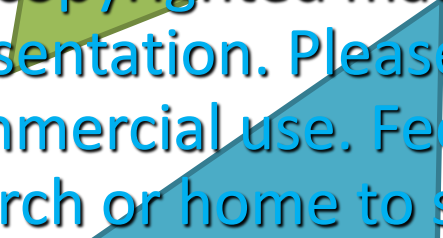
***THE END***





Images and clipart are from lds.org, Microsoft office, and other websites indicating the images were in the public domain or permitted for church and home use.

The hymns, Lesson and Scripture story are from lds.org.



No copyrighted materials were knowingly used in this presentation. Please do not use this presentation for commercial use. Feel free to alter the presentation for use in church or home to suit personal preference.

This presentation is intended to supplement, not replace, the lesson manual and scriptures.

Teachers should refer to the manual, scriptures and other resources when preparing and conducting the lesson.



---

## CHAPTER 51

# Jesus Suffers in the Garden of Gethsemane



**J**esus and the Apostles went to the Garden of Gethsemane. Judas did not go with them. He went to tell the Jewish leaders where Jesus was.



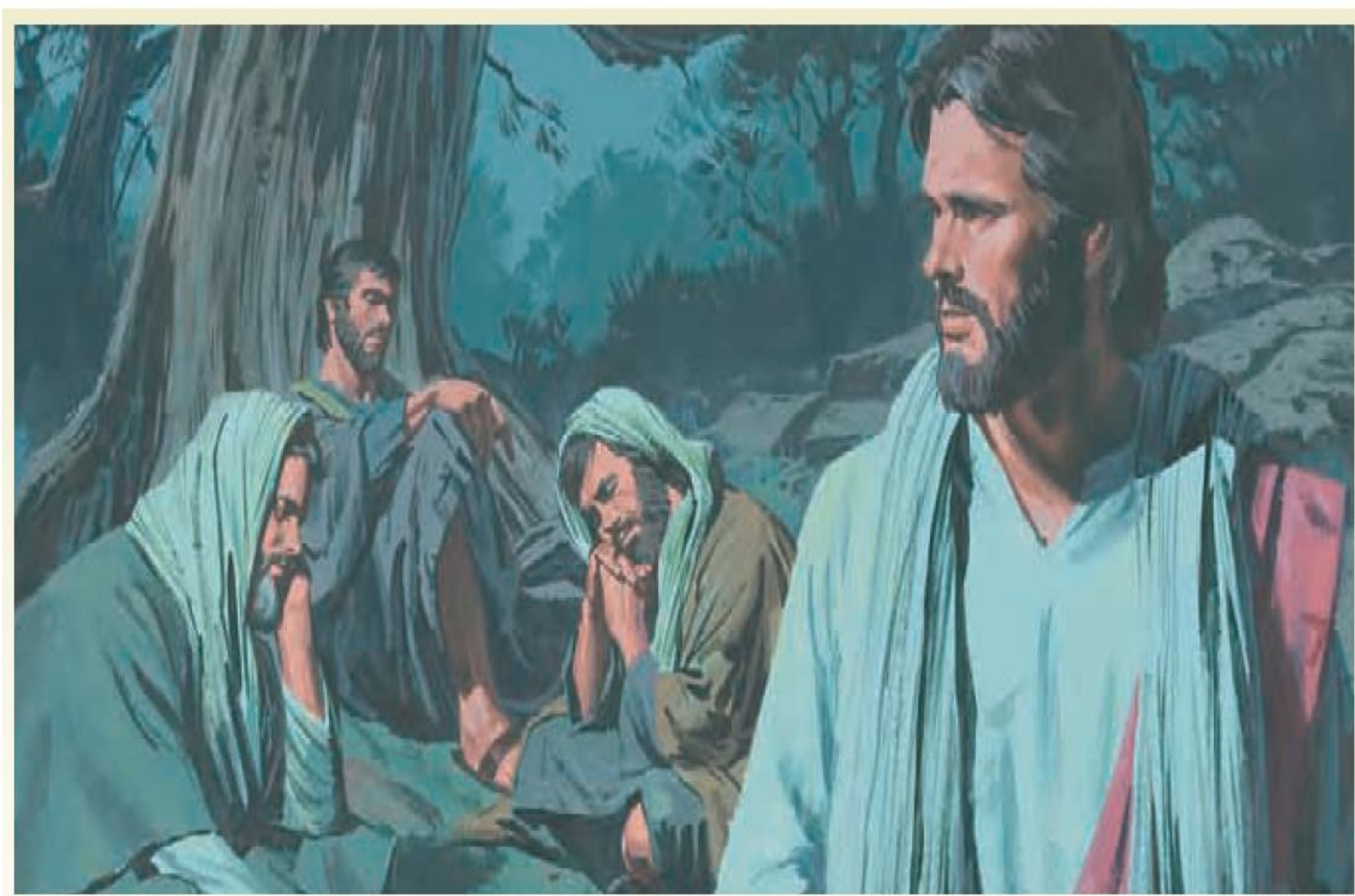
The Savior asked Peter, James, and John to go with Him into the garden. He asked them to wait while He went to pray.



Jesus knew He needed to suffer for the sins of all people. He did not want to suffer, but He chose to obey Heavenly Father.



Peter, James, and John fell asleep while Jesus prayed. Jesus came and found them sleeping. He asked them to stay awake.



He went to pray again. Peter, James, and John wanted to stay awake, but they were very tired.

They fell asleep again. Jesus again found them sleeping. He went and prayed a third time.



As Jesus prayed, He began to tremble because of the pain. An angel came to strengthen Him. He suffered so much that he sweat drops of blood.

He was suffering for all of our sins so that we can be forgiven if we repent.

*Luke 22:41-44; Doctrine and Covenants 19:16-19*





Jesus woke Peter, James, and John. He told them that He would be betrayed and killed. Jesus said

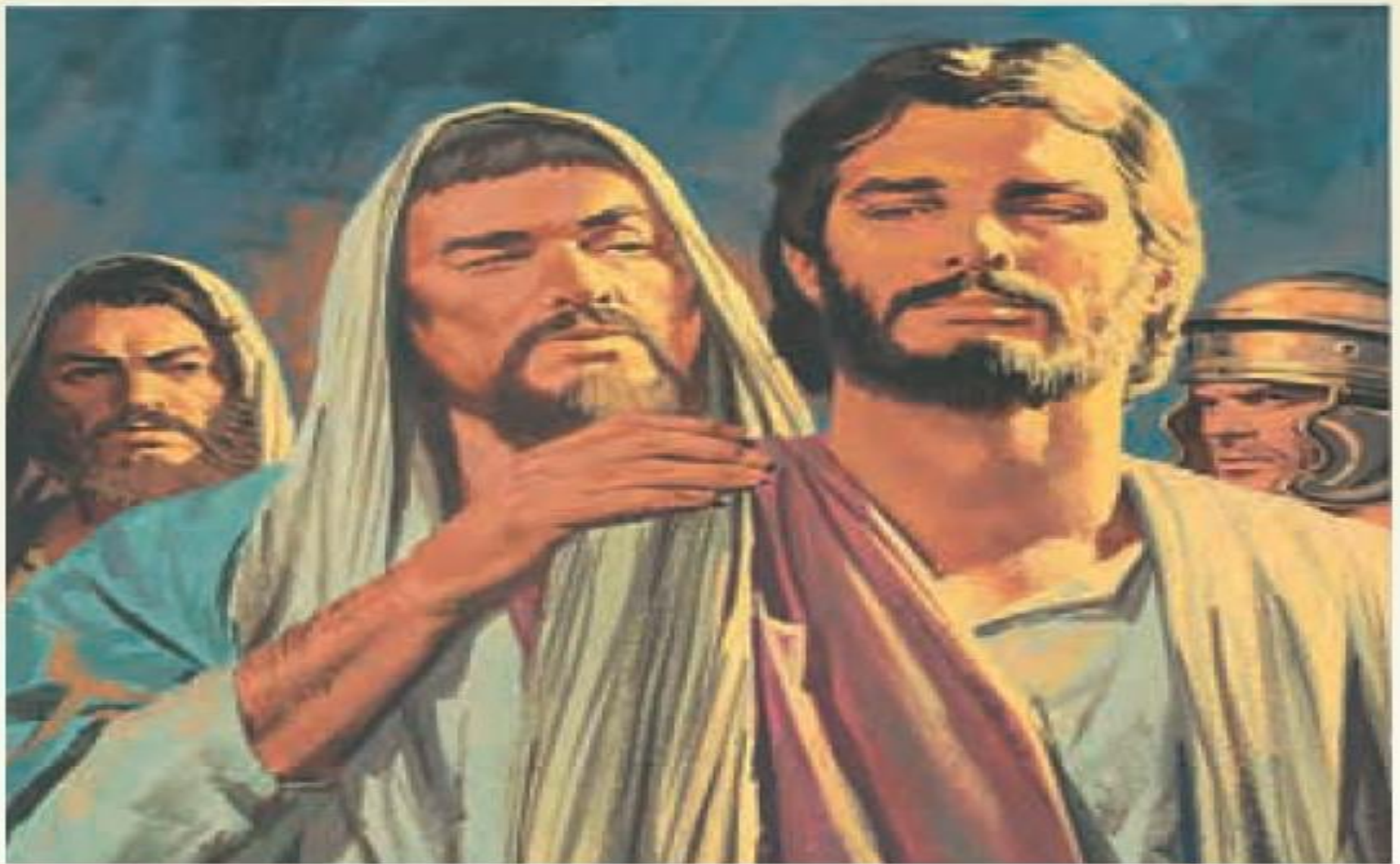
that wicked people were coming to take Him away.



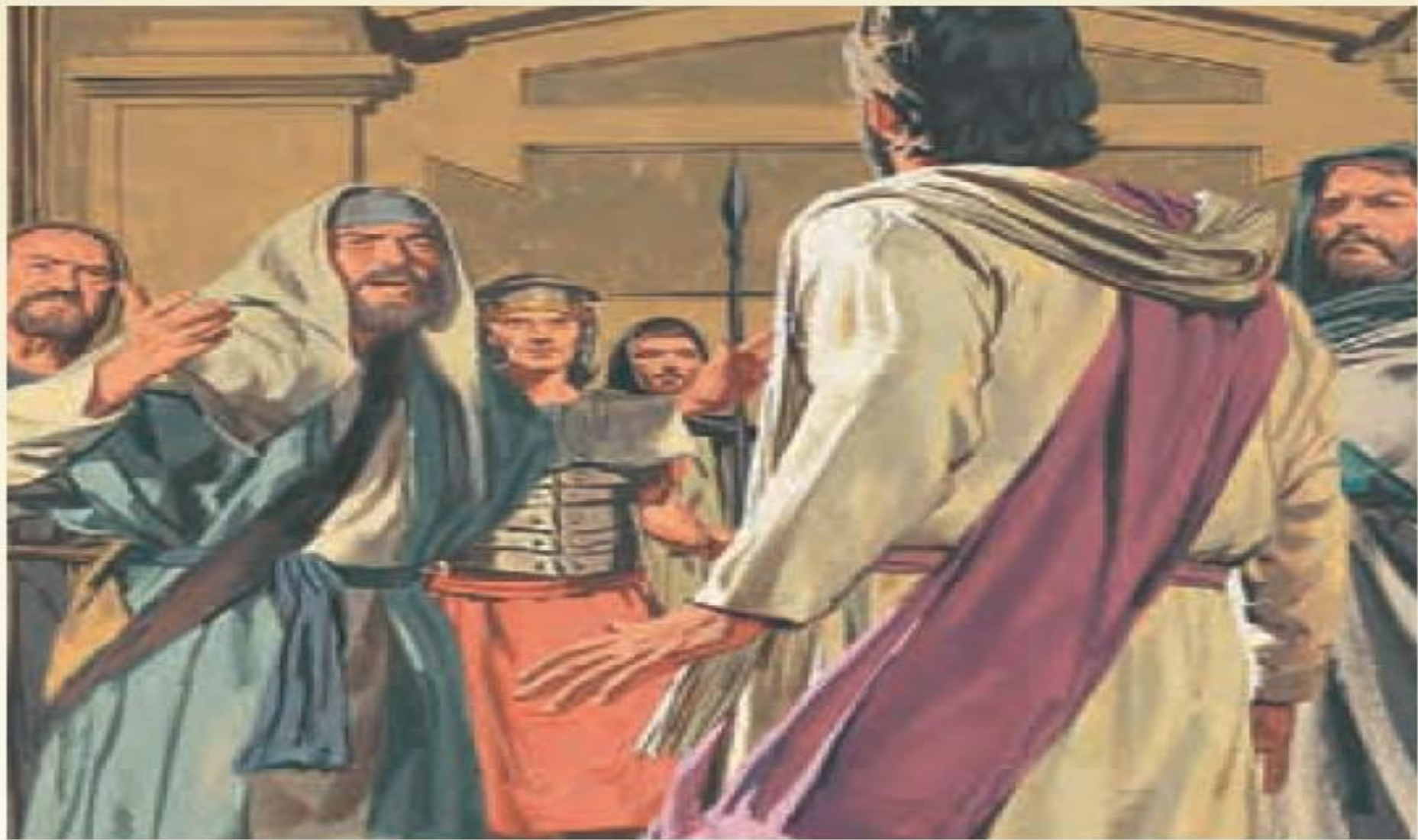
**T**he leaders of the Jews sent men with swords and sticks to the Garden of Gethsemane.



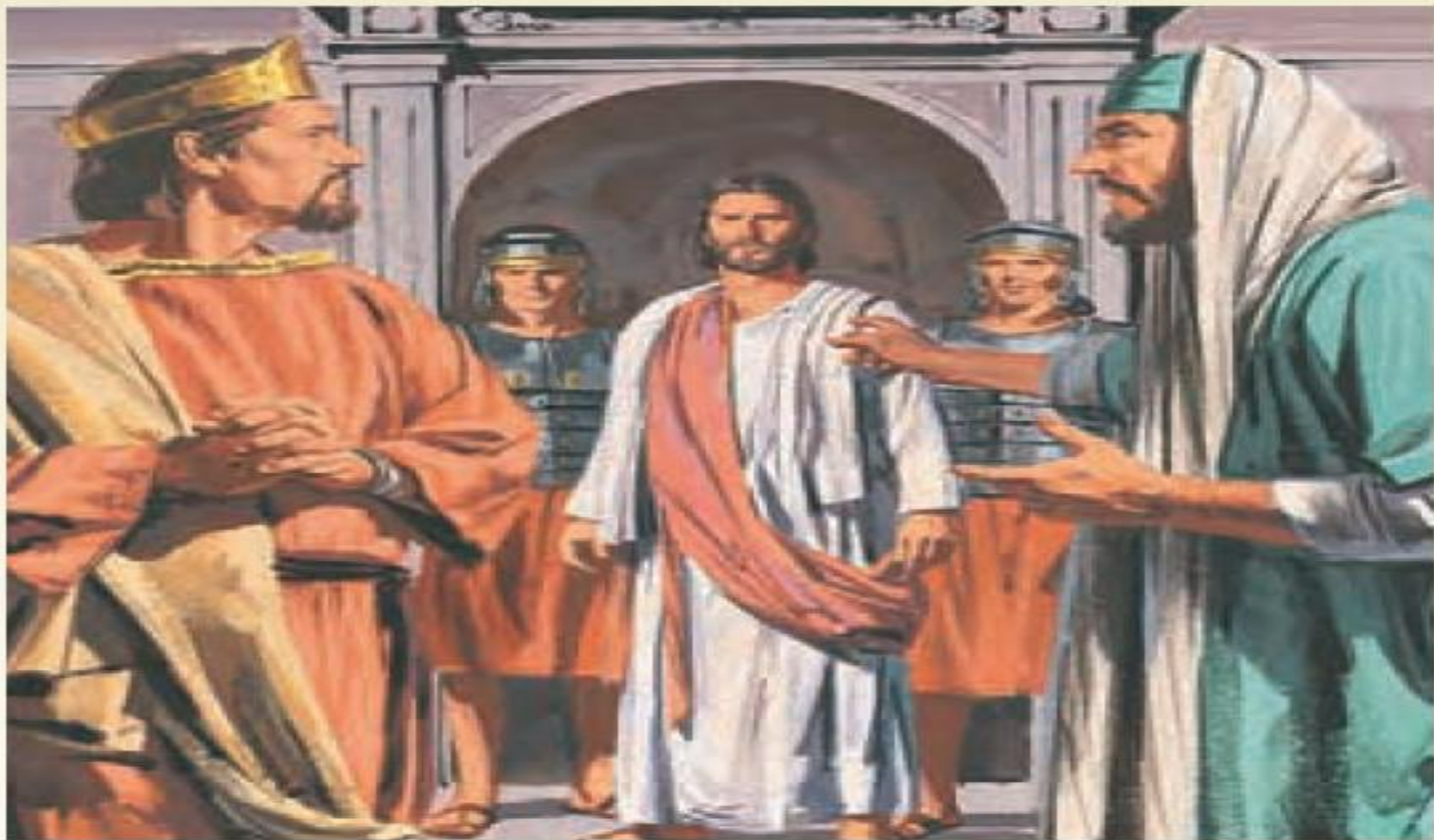
Judas Iscariot was with them. The chief priests had paid Judas to show the men where Jesus was.



Judas showed the men who Jesus was by kissing Him. The men led Jesus away. They mocked and hit Him. Then they took Jesus to the high priest, Caiaphas.



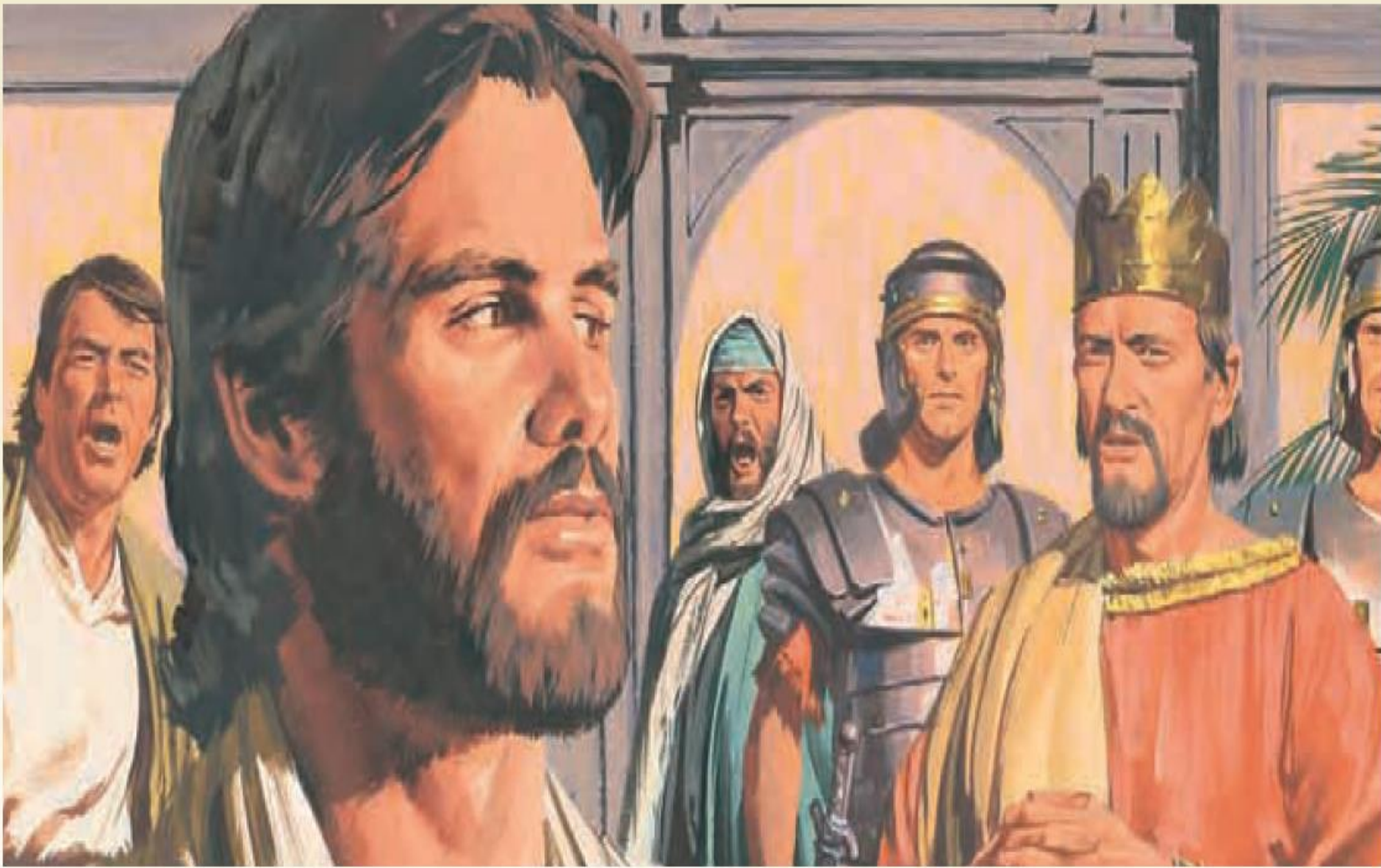
The Jewish leaders asked Jesus questions. They said that He had broken the law by saying that He was the Son of God. Jesus told them that He was the Son of God. They said Jesus was guilty and should die.



The Jewish leaders did not have the authority to kill Jesus. They took Him to Pontius Pilate, who could sentence Jesus to die. The Jewish leaders told Pilate that Jesus had taught the people to disobey the Roman law.

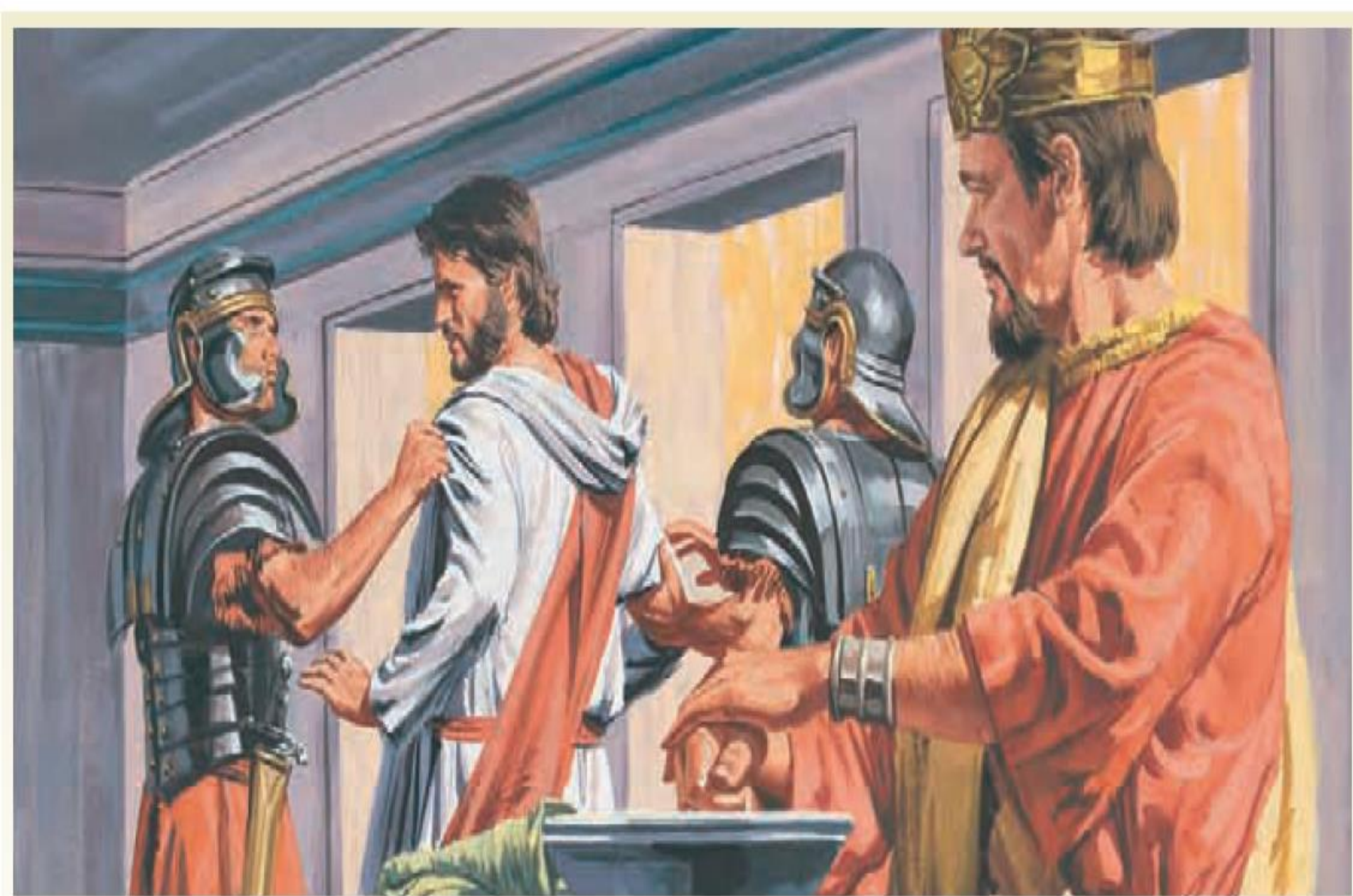


Pilate did not think Jesus had done anything wrong. Pilate wanted to let Jesus go. The crowd wanted Jesus to be crucified.



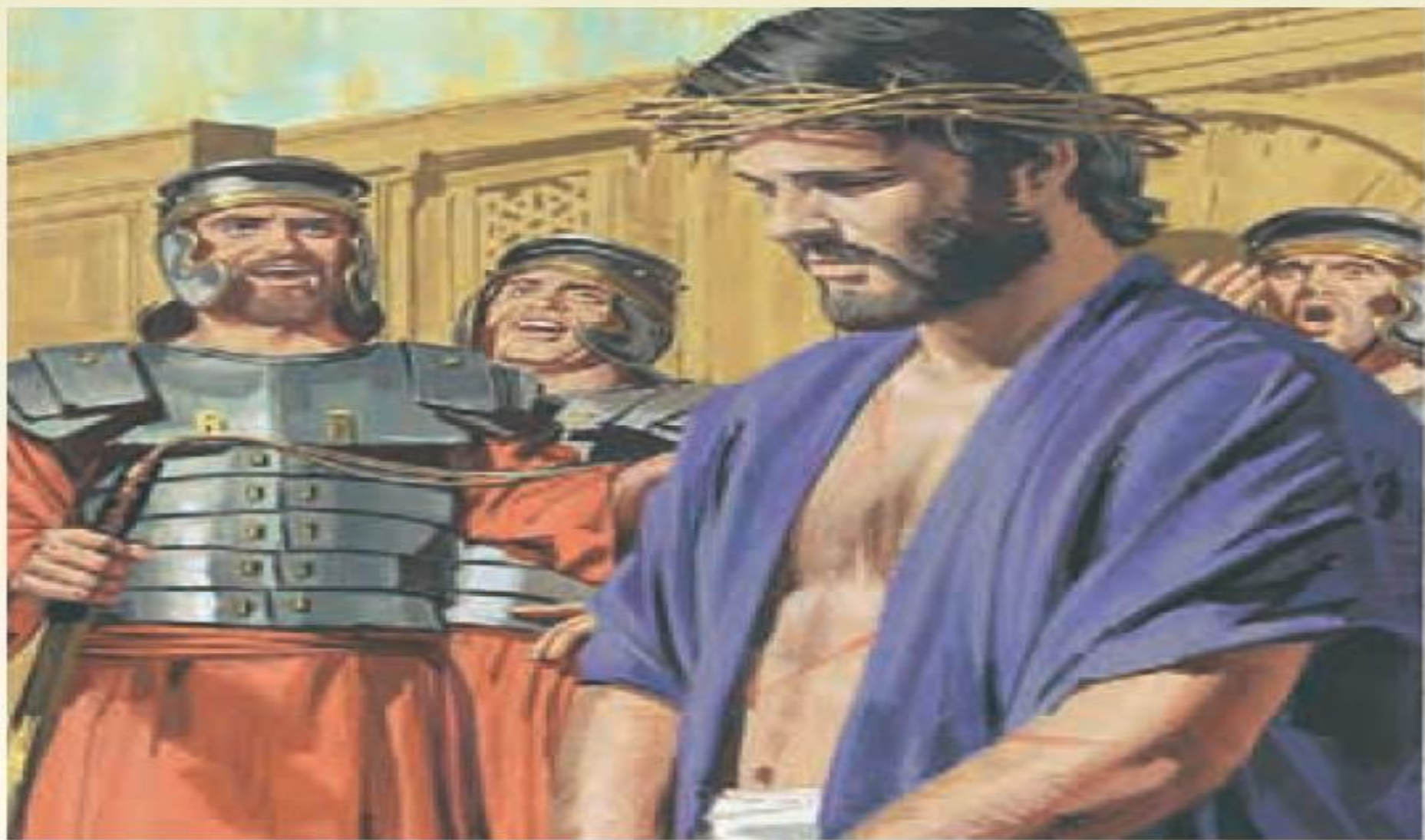
Pilate still wanted to let Jesus go. But the priests and the people kept shouting that they wanted Jesus to be crucified.





Pilate washed his hands. He said that he was not responsible for Jesus's death. The people said that

they would be responsible for His death. Pilate told his soldiers to crucify Jesus.



**T**he soldiers beat Jesus with whips. They put a purple robe on Him. They made a crown of thorns and put it on Jesus's head. They laughed at Him and spit on Him. They called Him "King of the Jews."



Many people followed the soldiers as they took Jesus to a hill near Jerusalem. They made Him carry His own cross. They nailed His hands

and feet to the cross and lifted it up. They also crucified two other men, who were thieves.

*Luke 23:27, 33; John 19:17-18*

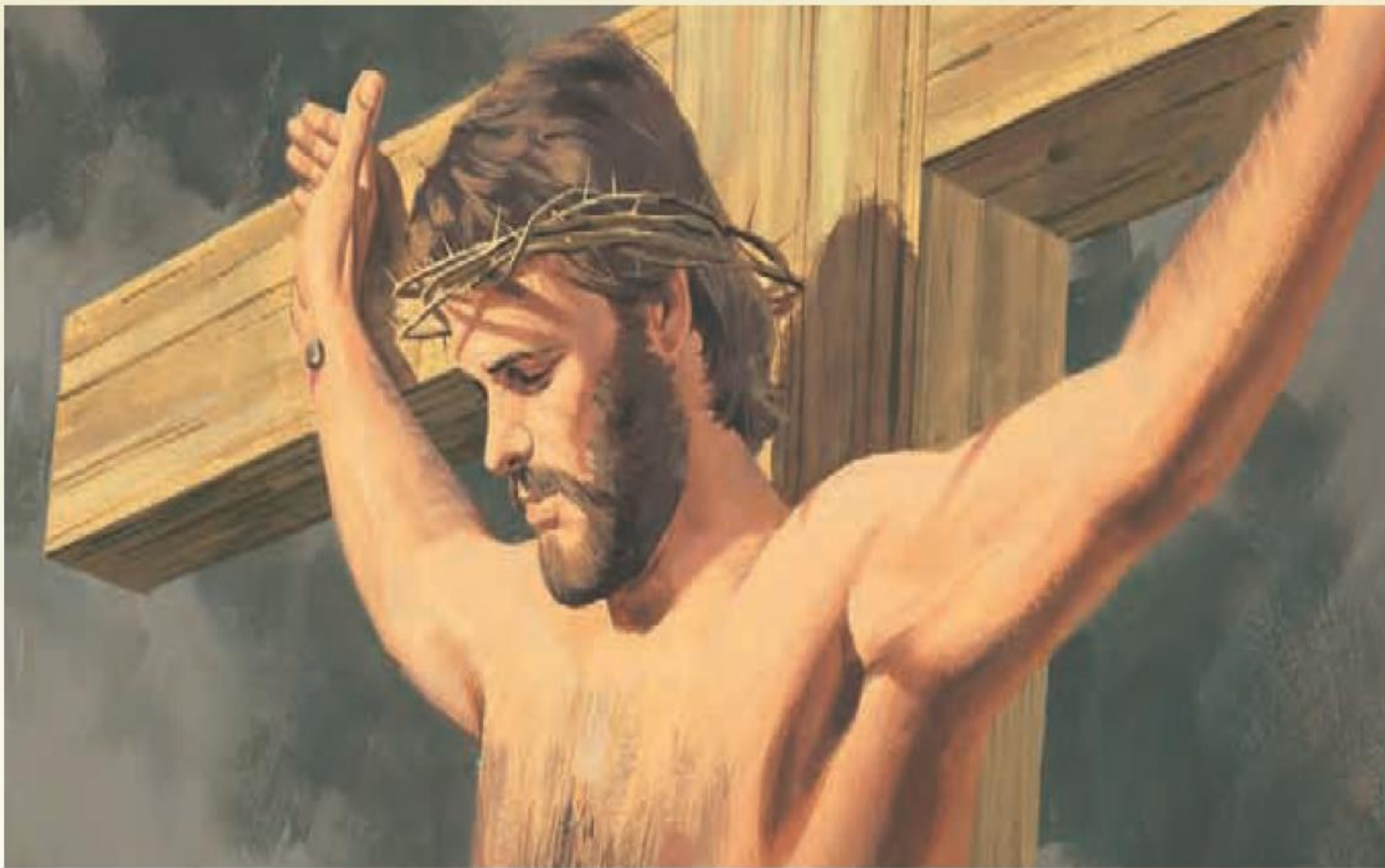


Jesus prayed. He asked Heavenly Father to forgive the soldiers who crucified Him. They did not know that He was the Savior.



Mary, the mother of Jesus, was standing by the cross. The Apostle John was there too. Jesus told

John to take care of His mother. John took Jesus's mother to his home.



Darkness covered the land. The Savior suffered on the cross for many hours. Finally His spirit left His body, and He died.



When He died, an earthquake broke huge rocks into pieces. A curtain in the temple, called the veil, was torn in two. The Roman soldiers were afraid.



One of Jesus's disciples took the Savior's body off the cross. He wrapped it in a cloth and placed it in a tomb, a place where people are buried. A big rock was rolled in front of the tomb.



Click above to start video

[Click here if video didn't start](#)

# Help Me, Dear Father

2. Help me, dear Father, to truly repent,  
Making things right, and changing my  
ways.

Help me each day, Father, I pray;  
Help me live nearer, nearer to thee.

1. What does it mean to forgive others?

2. How did Jesus Christ act toward the soldiers who hung him on the cross?

3. What did Jesus Christ ask Heavenly Father to do for the soldiers?

4. How do you think Kent felt when Jed kicked the pile of leaves?

5. How did Kent show forgiveness to Jed?

6. How do you think Kent felt when he forgave  
Jed?



7. How do you think Jed felt when Kent was kind to him instead of seeking revenge?

8. How will we feel when we forgive those who have been unkind to us?