



strengthening  
our home  
and family

## **Deseret Book®**

Family Home Evening Materials

Theme: Scriptures

Packet #020205

### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

# Scriptures

## Thought:

The holy scriptures are for children, to fill their eager minds with sacred truth. They are for youth, to prepare them for the challenges of our fast-moving world. They are for the sisters. . . They are for the brethren of the priesthood.  
(Thomas S. Monson, *Ensign*, December 1985, p. 48.)

## Purpose:

To teach our family the importance of studying the scriptures.

## Song:

“Search, Ponder, and Pray,” *Children’s Songbook*, p. 109.

## Scripture:

. . . Wherefore, I said unto you, feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do.  
(2 Nephi 32:3)

## Lesson:

After Jesus was baptized and received the Holy Ghost, he went to be with God. Jesus fasted for forty days. He was very weak. Satan thought he could take advantage of Jesus while he was tired.

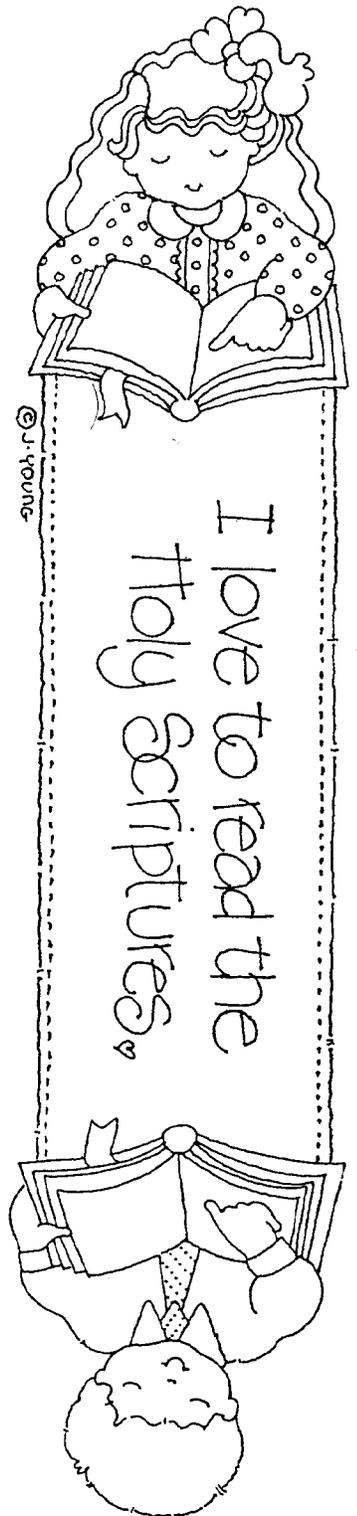
First Satan tempted Jesus to prove he was Heavenly Father’s Son by turning some rocks into bread. Jesus was very hungry. But he knew the scriptures. He said, “It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.” He chose not to turn the rocks into bread.

Then the Spirit took Jesus to a high pinnacle of the temple. Satan tempted Jesus to throw himself off of the pinnacle. Satan said if Jesus was the Son of God, angels would not let him get hurt. Angels would catch him. Jesus remembered another scripture. He said, “It is written again, Thou shalt not tempt the Lord thy God.” Jesus chose not to jump off the pinnacle.

The Spirit took Jesus to to the top of a very high mountain. He was shown all the riches and kingdoms of the world. Again, Satan tempted him. He told Jesus he would give him all the riches and kingdoms of the world if Jesus would worship Satan. Jesus knew another scripture. He said, “It is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.” Jesus chose not to worship Satan. Satan left him. Angels came and helped Jesus.

If knowing the scriptures helped Jesus choose the right, knowing the scriptures will help us also.

(Christena C. Nelson, *Choose the Right*, [Salt Lake City: Deseret Book, 1996], p. 49.)



## Story:

### “Do You Ever Cry When You Read the Book of Mormon?”

(Marion G. Romney)

I remember reading [the Book of Mormon] with one of my lads when he was very young. On one occasion I lay in the lower bunk and he in the upper bunk. We were each reading aloud alternate paragraphs of those last three marvelous chapters of Second Nephi. I heard his voice breaking and thought he had a cold, but we went on to the end of the three chapters. As we finished he said to me, “Daddy, do you ever cry when you read the Book of Mormon?”

“Yes, Son,” I answered, “Sometimes the Spirit of the Lord so witnesses to my soul that the Book of Mormon is true that I do cry.”

“Well,” he said, “that is what happened to me tonight.”

(Linda Ririe Gundry, Jay A. Parry, and Jack M. Lyon, editors, *Best-Loved stories of the LDS People*, [Salt Lake City: Deseret Book, 1997] p. 290.)

## Activity:

Get a medium-size box or jar and decorate the outside any way you like. Have each family member write down their favorite scriptures on pieces of paper (or use topics you would like to learn more about such as the Ten Commandments, sacrifice, prayer, fasting, obedience, or love). Let everyone select a slip of paper and, using the scriptures, learn something new about what they’ve chosen.

(Candace Smith, *The Sunday Activity Book*, [Salt Lake City: Bookcraft, 1983], p. 85.)

## Extra:

- Make copies of the scripture bookmark at the first of this FHE. Have each family member color their own bookmark.
- Choral read or memorize a verse of scripture as a family.
- Have each family member retell their favorite scripture story in their own words. One child told a creative version of Noah and the ark that included air-conditioning. He explained that without it the animals would have been “too hot.” The creative adaptations in a child’s retellings are always entertaining and important to their growing understanding of the scriptures. Pictures help children with their retellings.

(Dennis Wright, *Scripture Power: Helping Kids Love the Scriptures*, [Salt Lake City: Bookcraft, 2002], p. 34.)

# Refreshment

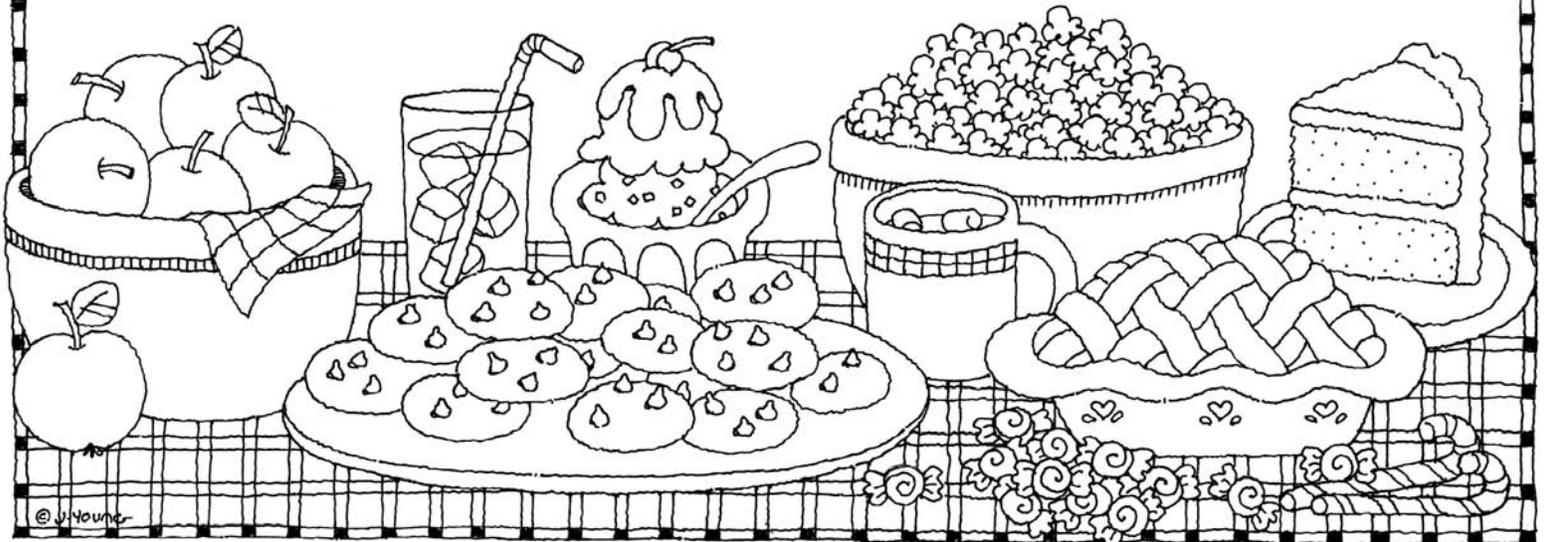
## Granola Bars

- 1 14-ounce package caramels
- 2 tablespoons water
- 3/4 cup crunchy peanut butter
- 3 cups plain granola
- 1 cup golden raisins
- 1/2 cup salted peanuts

Melt caramels in water over medium heat in heavy saucepan, stirring often. Stir in peanut butter. Add granola, raisins, and peanuts; mix well. Pour into a buttered 9x13-inch pan, and cool. Cut into 1x2-inch bars. Makes about 32 bars.

Variation: Substitute chocolate caramels for plain caramels.

(*Lion House Desserts*, [Salt Lake City: Deseret Book, 2000] p. 129.)



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