



strengthening  
our home  
and family

## Deseret Book®

Family Home Evening Materials

Theme: The Old Testament

Packet #100304

### 5 tips for successful Family Home Evenings

1. **Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
2. **Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
3. **Involvement.** Involve everyone in the family; help little children take part.
4. **Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
5. **Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

# The Old Testament

## Thought:

It was because of the importance of Old Testament teachings that the Lord inspired Lehi to send his sons back to Jerusalem to get the brass plates from Laban. That's an important idea. The Lord sent Lehi's sons back to Jerusalem to get the plates, to get the Old Testament—that's what those plates contained. The Lord did not want this new people he was going to raise up from the seed of Lehi to be without those records.

(Marion G. Romney, "Records of Great Worth," *Ensign*, Sept. 1980, 3)

## Purpose:

Help family members understand the importance of studying the Old Testament.

## Song:

"Search, Ponder and Pray," *Children's Songbook*, p. 57.

## Scripture:

And Moses gathered all the congregation of the children of Israel together, and said unto them, These are the words which the LORD hath commanded, that ye should do them.

(Exodus 35:1)

## Object Lesson:

Obtain several books relating to medicine (or any other profession). Show the books to your family. Explain that you have decided to become a doctor and that these books will help you achieve that goal. Ask if holding the books will give you the ability to be a doctor. Will carrying them for a week or so give you the knowledge you need? The answers to these two questions will obviously be no. Discuss why not.

Explain that knowledge is not gained that way. In order to gain knowledge it is necessary to put forth the effort and study the books. Our scripture knowledge is the same, we cannot understand the writings of the prophets of old until we read them. We cannot know for a surety they are true until we read them for ourselves.

(Beth Lefgren and Jennifer Jackson, *More Power Tools for Teaching*, [Salt Lake City: Bookcraft, 1991], p. 43.)

## Story:

### I Read the Bible from Cover to Cover

(Spencer W. Kimball)

Let me tell you of one of the goals I made when I was still but a lad. When I heard a Church leader from Salt Lake City tell us at conference that we should read the scriptures, and I recognized that I had never read the Bible, that very night at the conclusion of that very sermon I walked to my home a block away and climbed up to my little attic room in the top of the house and lighted a little coal-oil lamp that was on the little table, and I read the first chapters of Genesis. A year later I closed the Bible, having read every chapter in that big and glorious book.

I found that the Bible that I was reading had in it 66 books, and then I was nearly dissuaded when I found that it had in it 1,189 chapters, and then I also found that it had 1,519 pages. It was

formidable, but I knew that if others did it, I could do it.

I found that there were certain parts that were hard for a fourteen-year-old boy to understand. There were some pages that were not especially interesting to me, but when I had read the 66 books and 1,189 chapters and 1,519 pages, I had the glowing satisfaction that I had made a goal and that I had achieved it.

Now I am not telling you this story to boast: I am merely using this as an example to say that if I could do it by coal-oil light, you can do it by electric light. I have always been glad I read the Bible from cover to cover.

(as quoted in Jack M. Lyon, Linda Ririe Gundry, and Jay A. Parry, *Best-Loved Stories of the LDS People, Volume 2* [Salt Lake City: Deseret Book, 1999], p. 86–87.)

### **Activity:**

Give each member of the family crayons and paper. Have them color a picture of an Old Testament story as you read it from the scriptures or a scripture storybook. After reading, have them talk about their pictures and explain what they have to do with what was read. Display the pictures on the family bulletin board or refrigerator.

(Dennis Wright, *Scripture Power: Helping Kids Love the Scriptures*, [Salt Lake City: Bookcraft, 2002], p. 36.)

### **Extras:**

- Learn the Books of the Old Testament song on page 114 of the *Children's Songbook*.
- Play “thumbs up” when reading the scriptures. Have the children put their thumbs up if they hear anything good in the scriptures like “Heavenly Father,” “Christ,” or “Holy Ghost.” They put their thumbs down if they hear any wickedness.

(Kimberly L. Bytheway and Diane H. Loverage, *Traditions*, [Salt Lake City: Deseret Book, 2003], p. 112.)

## Refreshment

### Frozen Raspberry Delight

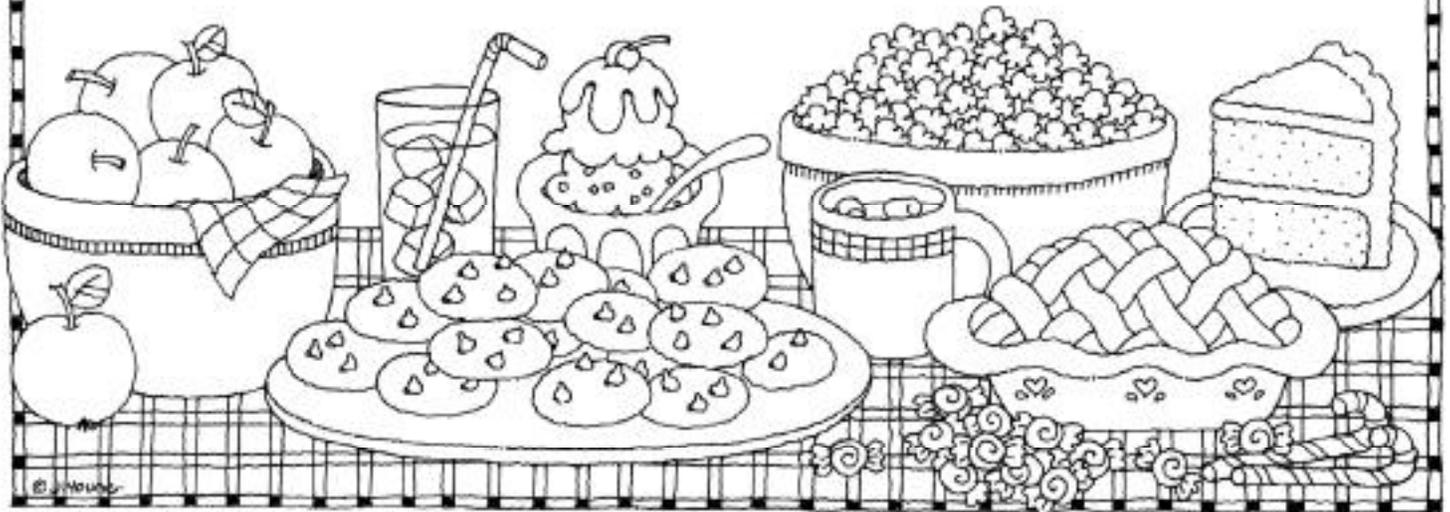
(Peter Vidmar)

- 2 c. crushed chocolate wafer cookies
- 1/3 c. butter or margarine, melted
- 1/4 c. sugar
- 1 c. chocolate fudge sauce, softened
- 1 qt. vanilla ice cream, slightly softened
- 1 pt. raspberry sherbet, slightly softened
- 1 (12-oz.) pkg. frozen raspberries (without syrup)
- 1 (8-oz.) tub frozen whipped topping, thawed

In a medium bowl, combine chocolate wafers, melted butter, and sugar; mix well. Reserve 1/4 cup to use as topping. Press remaining crust into 9x13-inch pan. Refrigerate 15 minutes. Spread chocolate fudge sauce over crust. Spoon vanilla ice cream over chocolate. Place spoonfuls of sherbet randomly over ice cream; use a knife to swirl gently. Top with raspberries gently pressed into ice cream. Spread whipped topping over berries and top with reserved crumbs. Cover; freeze 6 hours or overnight. Let stand at room temperature for 15 to 20 minutes before serving.

Serves 20.

(Elaine Cannon, compiler, *Five-Star Recipes from Well-Known Latter-day Saints*, [Salt Lake City: Deseret Book, 2002], p. 205.)



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