

Stand for the Right

Our prophet has some
words for you,

And these are the words:

“Be true, be true.”

At work or at play,
In darkness or light,

Be true, be true,

And stand for the right.



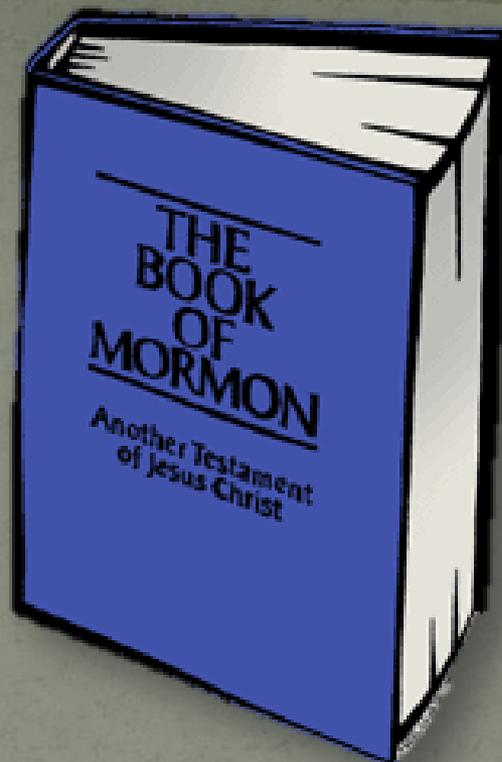
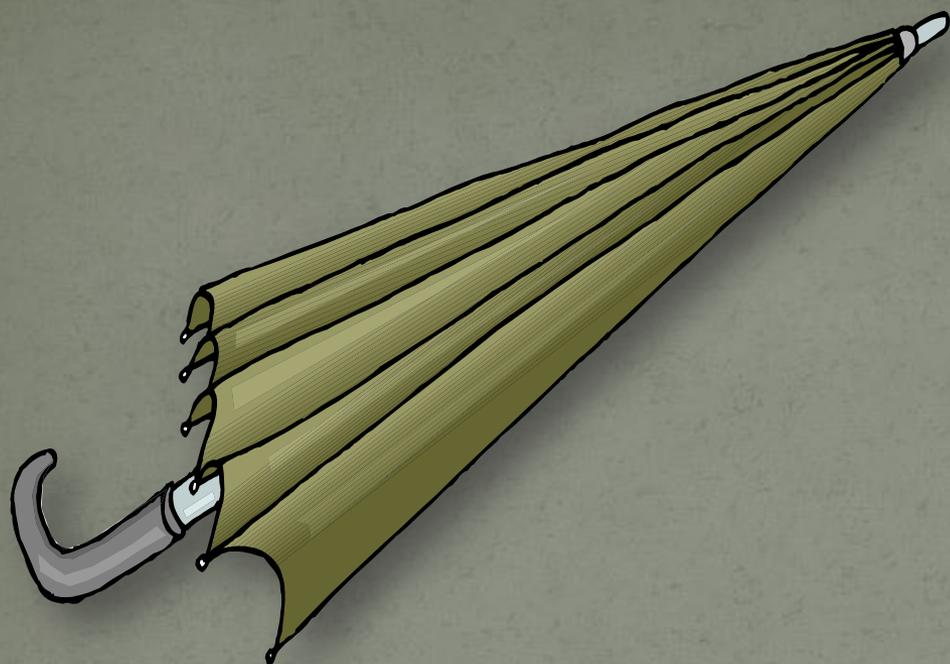
Words and music: Joseph Ballantyne, 1868–1944
wma

wav

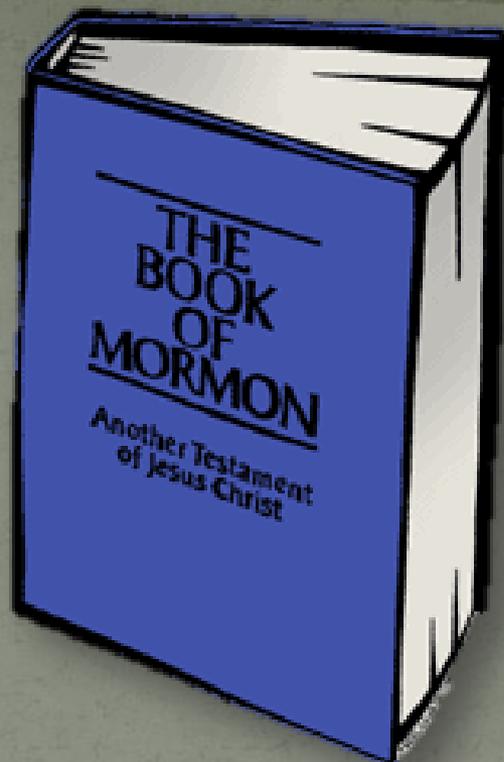
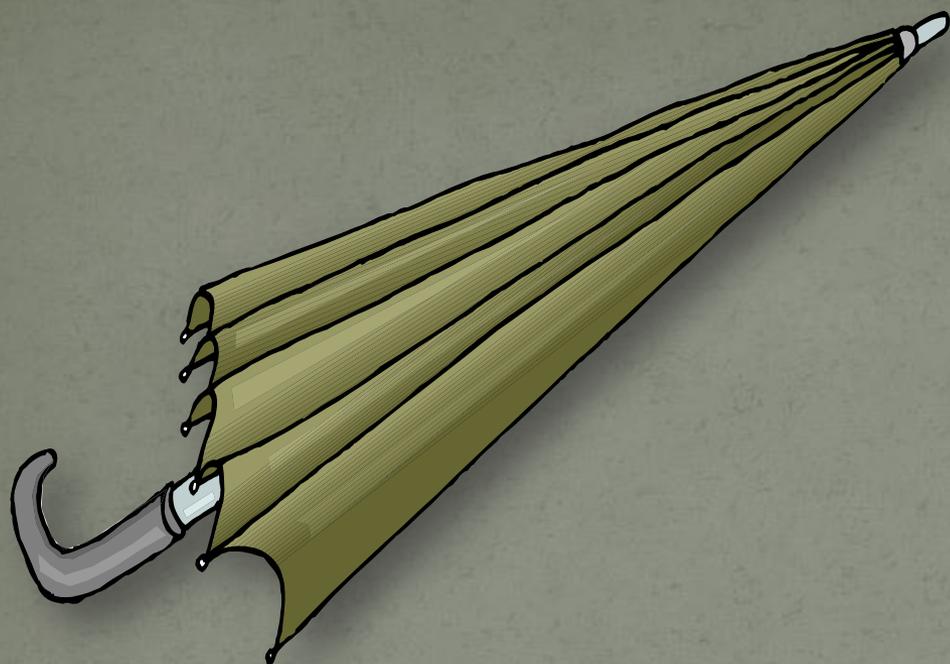


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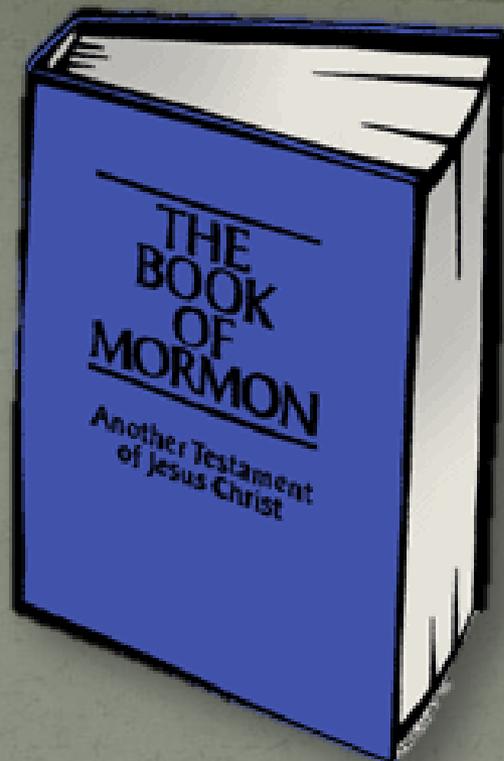
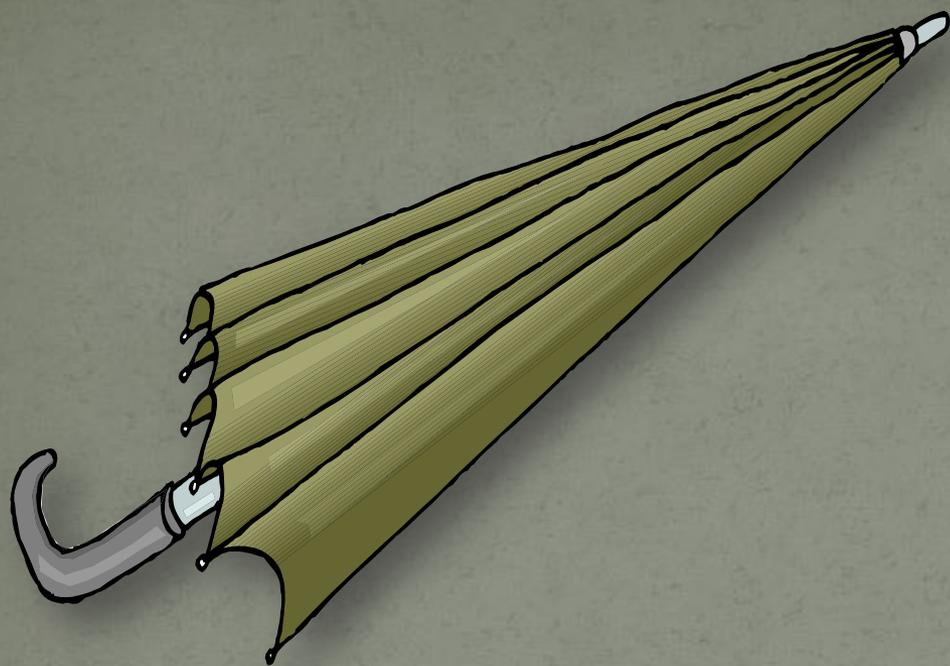




How are these alike?

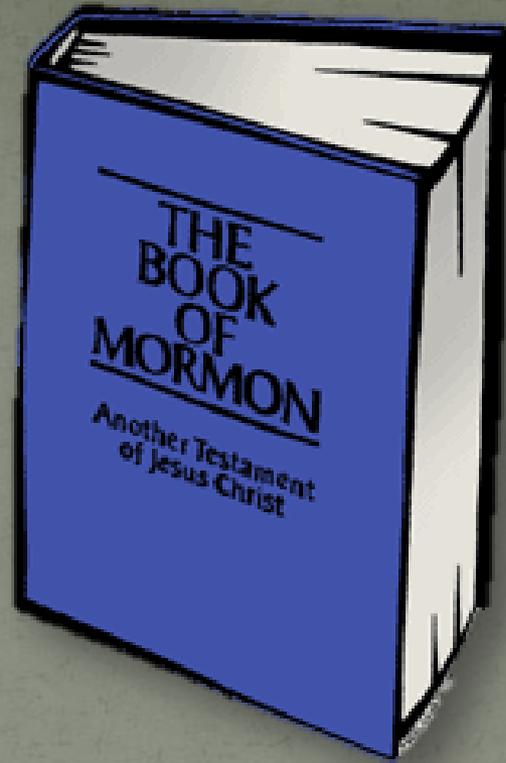


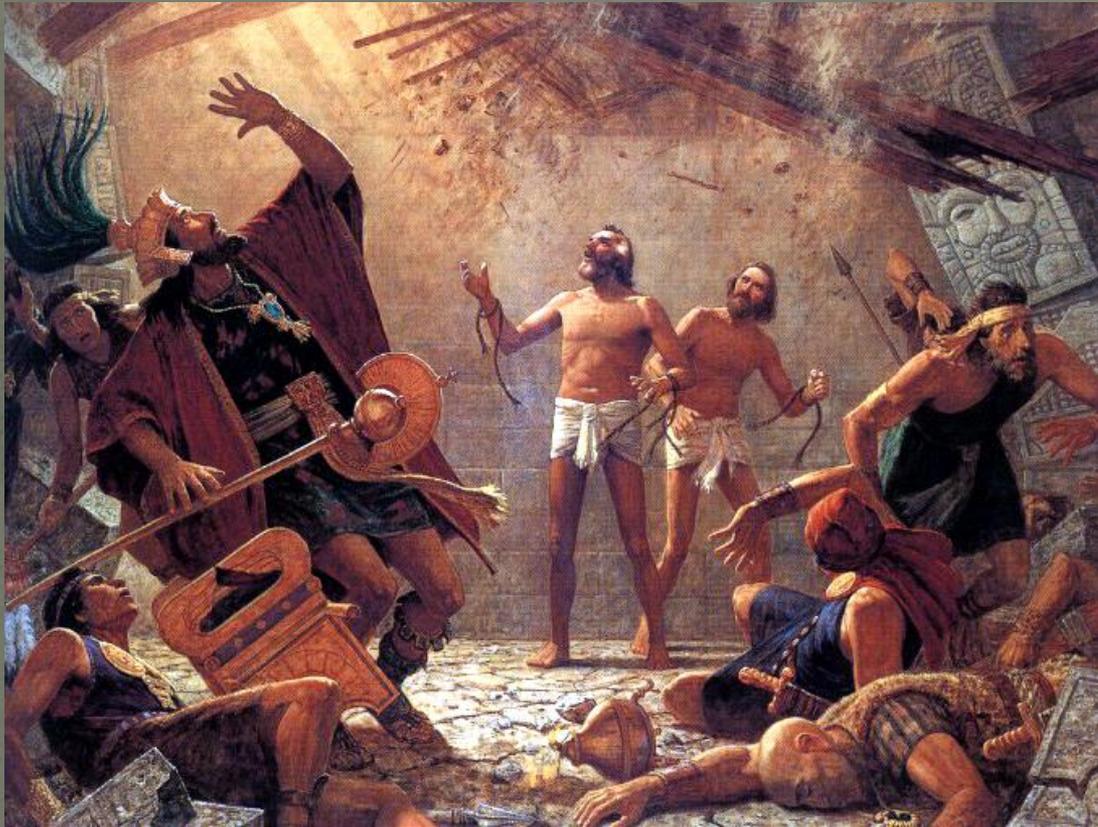
An umbrella will not protect us from rain unless we open it and stand under it.



The Book of Mormon cannot increase our faith in Jesus Christ until we open it, prayerfully study it, and live its teachings.

Open your Book of Mormon and learn how two missionaries had enough faith to cause the walls of a prison to tumble to the ground.

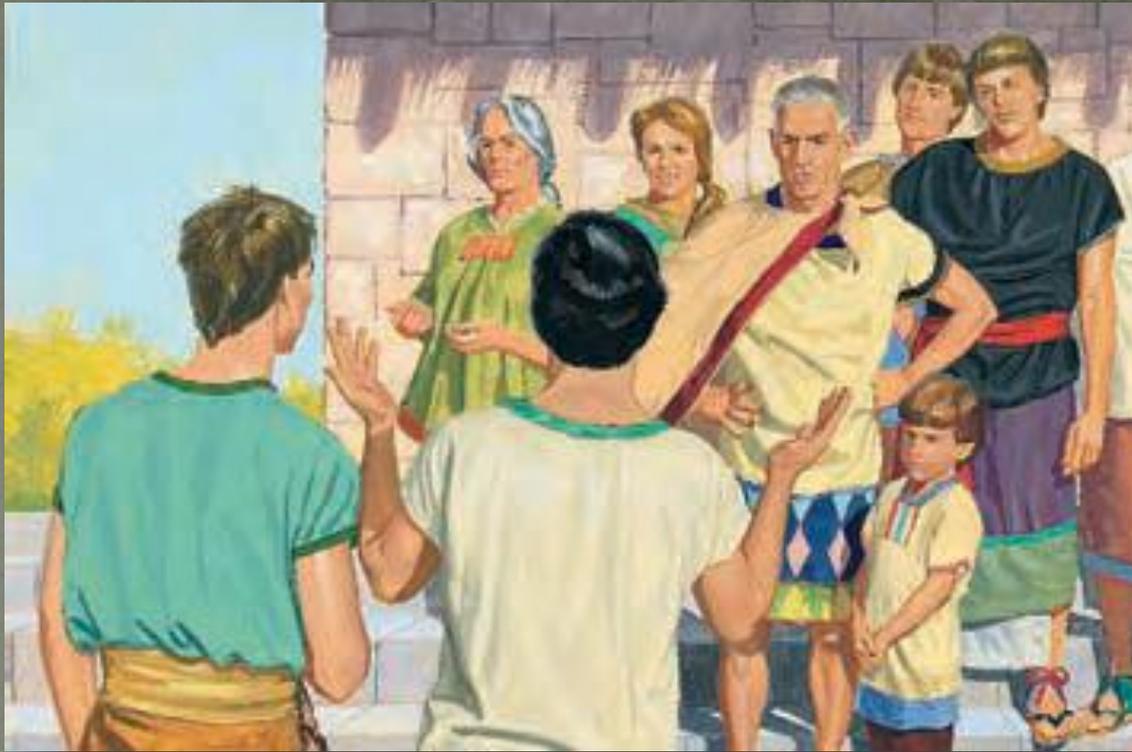




Alma and Amulek in Prison

“Lesson 16: Alma and Amulek in Prison,” *Primary 4: Book of Mormon*, (1997),53

“Alma’s Mission to Ammonihah,” *Book of Mormon Stories*, Ch. 22, p. 58-63



- Alma and Amulek taught the people of Amonihah about Jesus and about the Resurrection and eternal life.

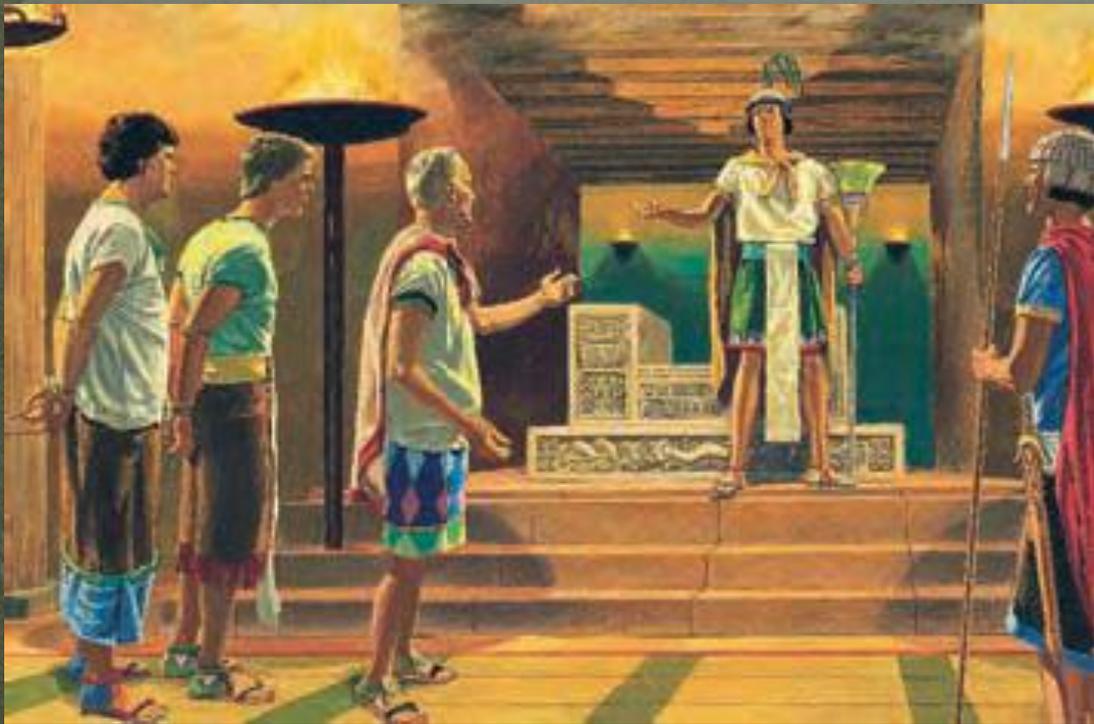
- Some people believed Alma and Amulek and began to repent and study the scriptures.



- But most of the people wanted to kill Alma and Amulek.
- They tied the two men up and took them to the chief judge.

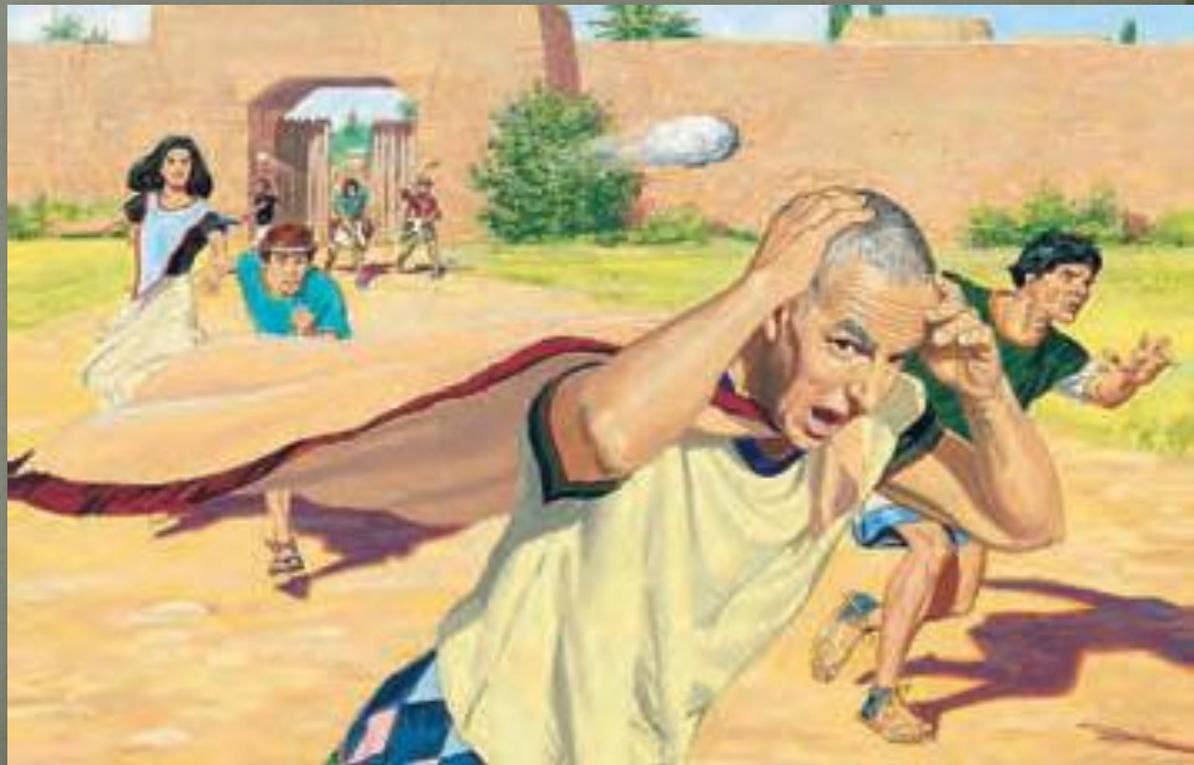


- Zeezrom was sorry he had been wicked and had taught the people lies.



- He begged the people to let Alma and Amulek go.

- Zeezrom and the other men who believed Alma and Amulek's teachings were thrown out of the city.
- The wicked people threw rocks at them.



- Then the wicked people gathered the women and children who believed and threw them, along with their scriptures, into a fire.



- Alma and Amulek were forced to watch the women and children die in the fire.



- Amulek wanted to use the power of God to save them.

- But Alma told Amulek that he was not to stop the killing.



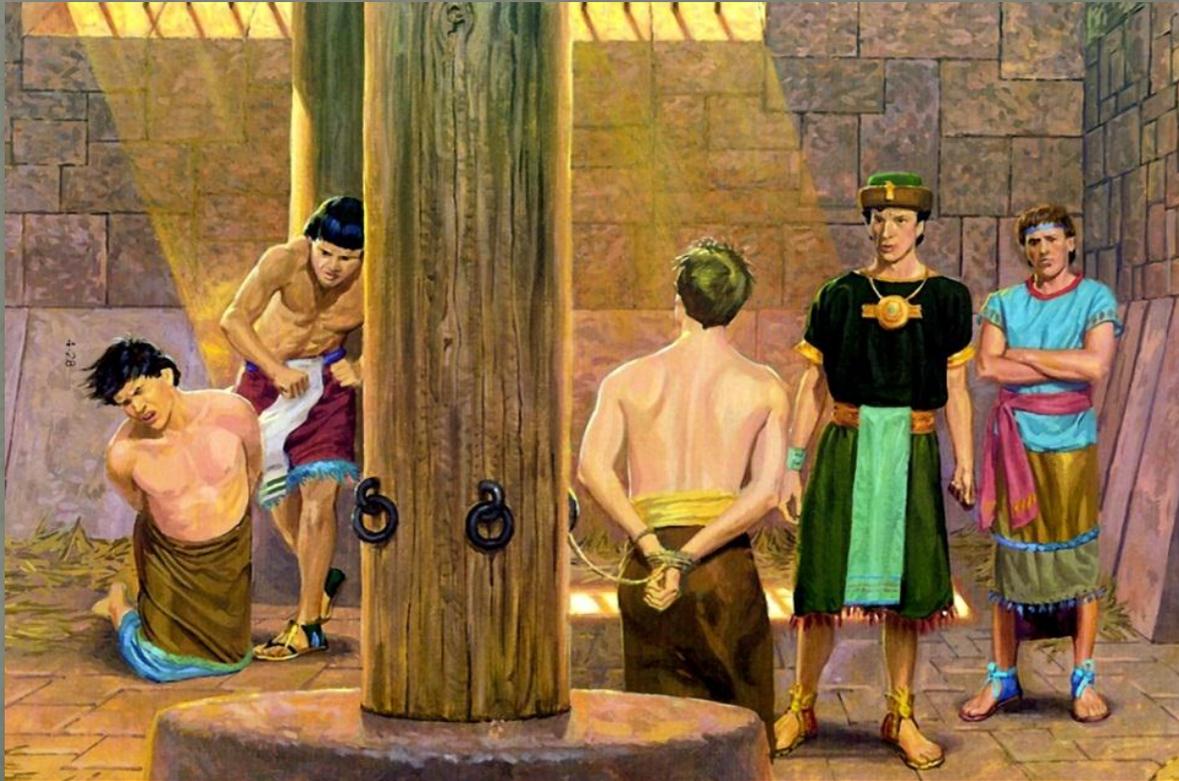
- The dying people would soon be with Heavenly Father and the wicked people would be punished.

- The chief judge slapped Alma and Amulek several times.
- He mocked them because they had not saved the burning women and children.



- Then he threw them into prison.

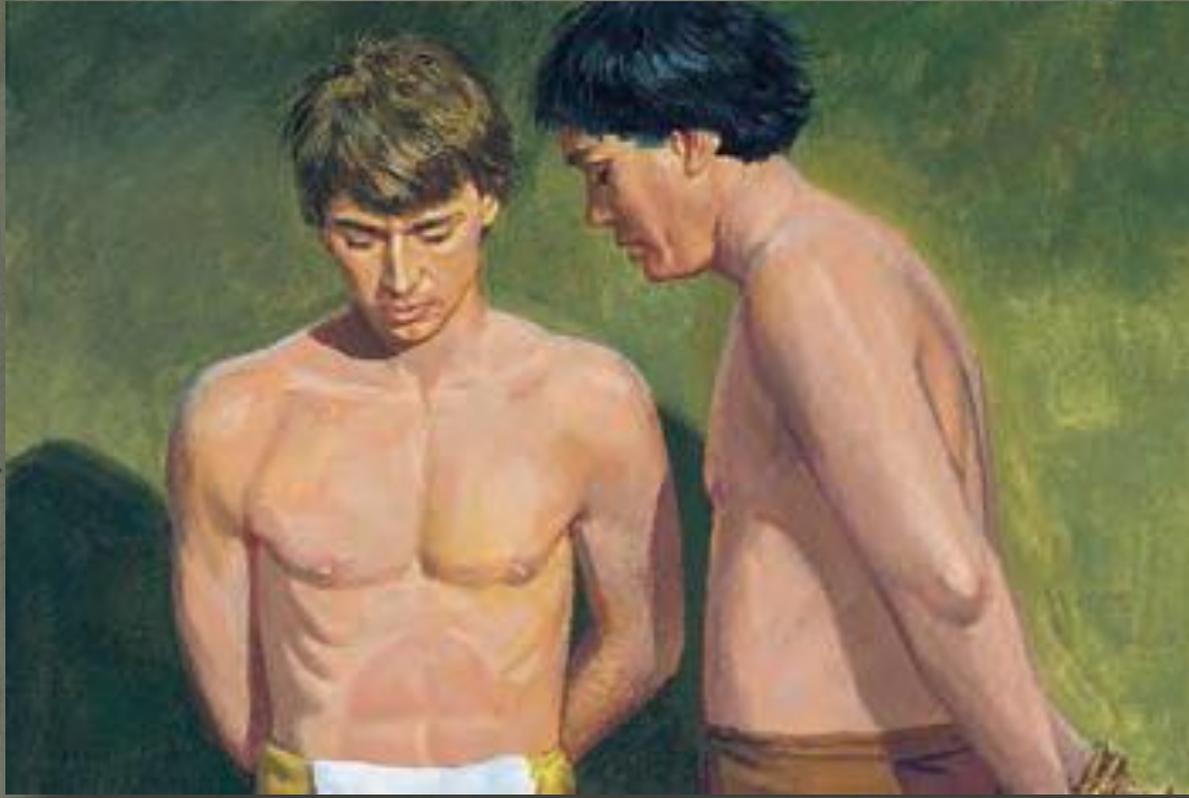
- Other evil men came to the prison and abused Alma and Amulek in many ways, including starving them and spitting on them.



- The chief judge said if Alma and Amulek used the power of God to free themselves, he would believe.

- He slapped them again.

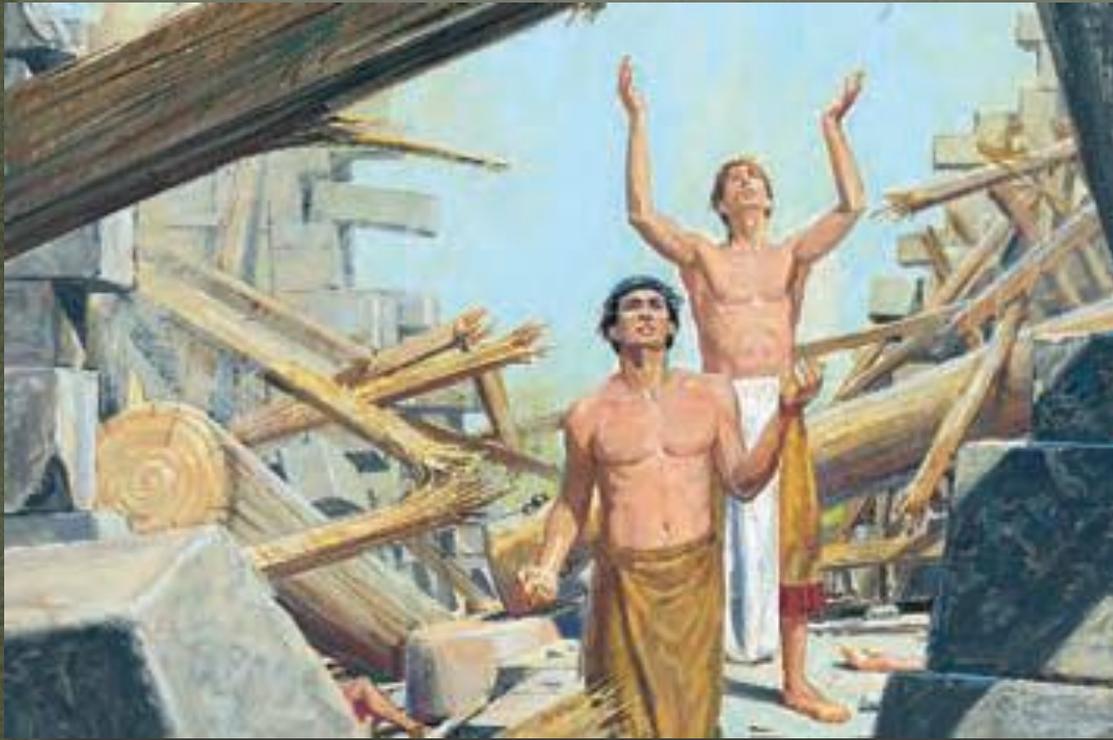




- Alma and Amulek stood up.
- Alma prayed and asked God to make them strong because of their faith in Christ.

- The power of God filled Alma and Amulek, and they broke the ropes that held them.
- The evil men were scared and tried to run but fell down.





- The ground shook, and the prison walls fell on the wicked men.
- The Lord protected Alma and Amulek, and they were not hurt.

- The people of Ammonihah came to see what was happening.

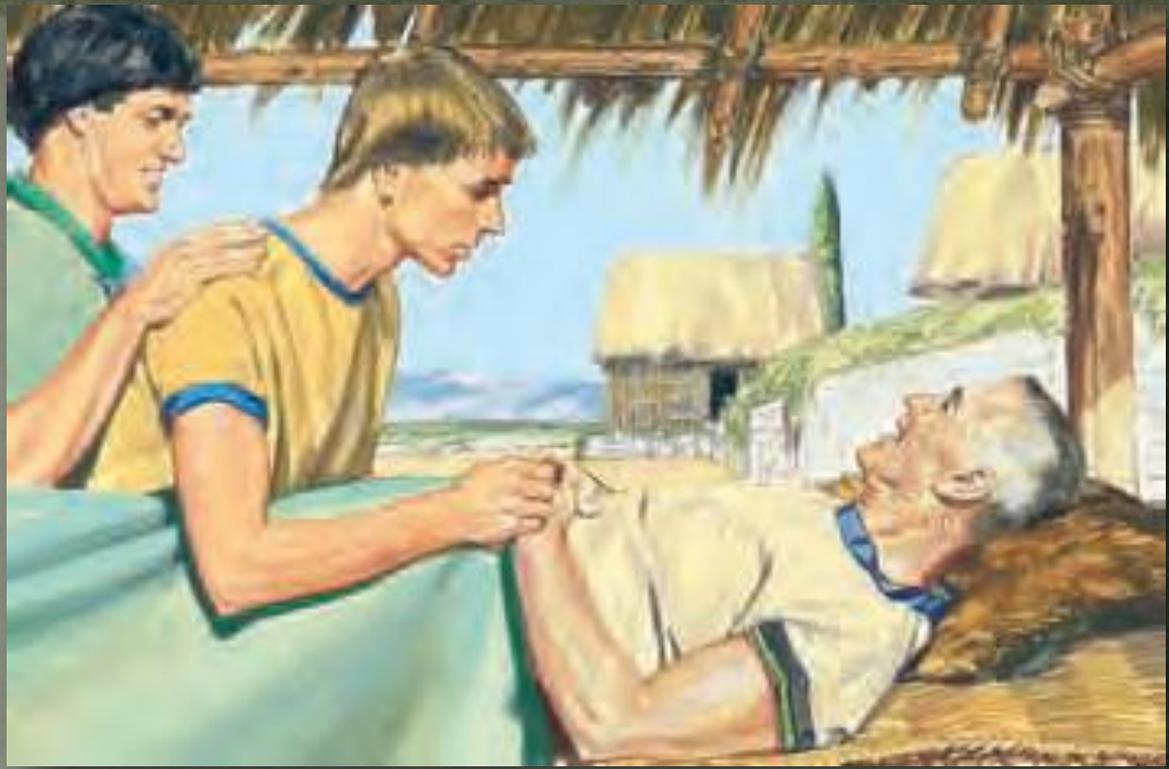


- When they saw Alma and Amulek walking out of the crumbled prison, they became scared and ran away.

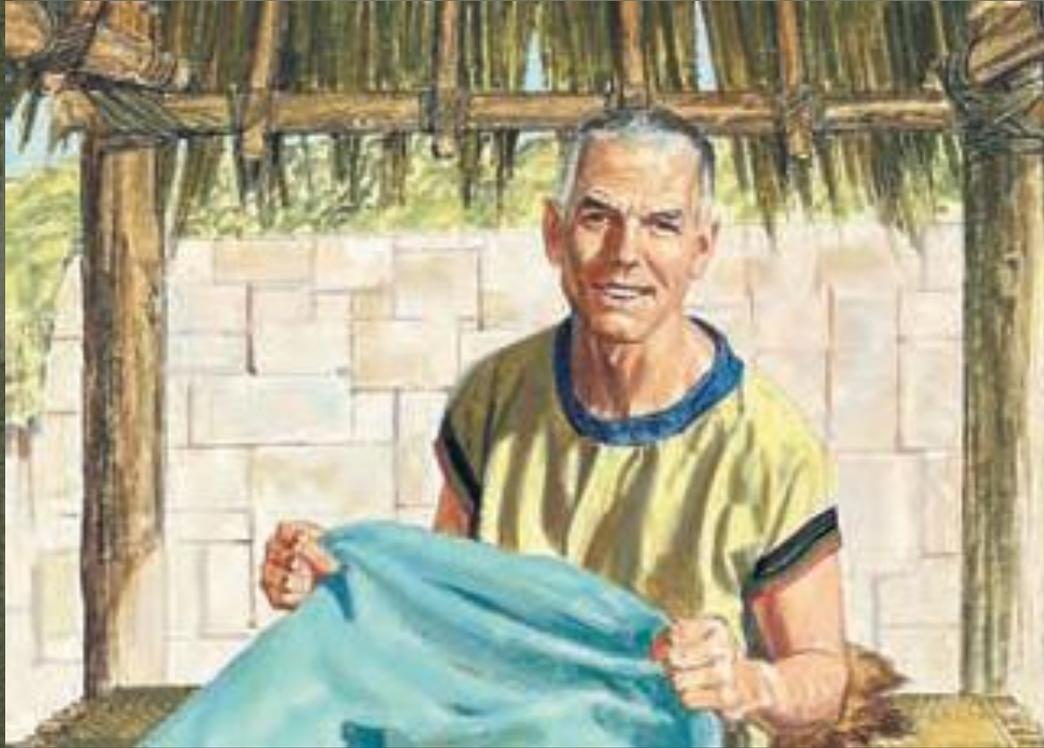


- The Lord told Alma and Amulek to go to Sidom.
- There they found the righteous people. Zeezrom was also there and was very sick.

- Zeezrom was glad to see Alma and Amulek.



- He worried that they had been killed because of what he had done. He asked them to heal him.



- Zeezrom believed in Jesus Christ and had repented of his sins.
- When Alma prayed for him, Zeezrom was immediately healed.

- Zeezrom was baptized and began to preach the gospel.

- Many others were also baptized.



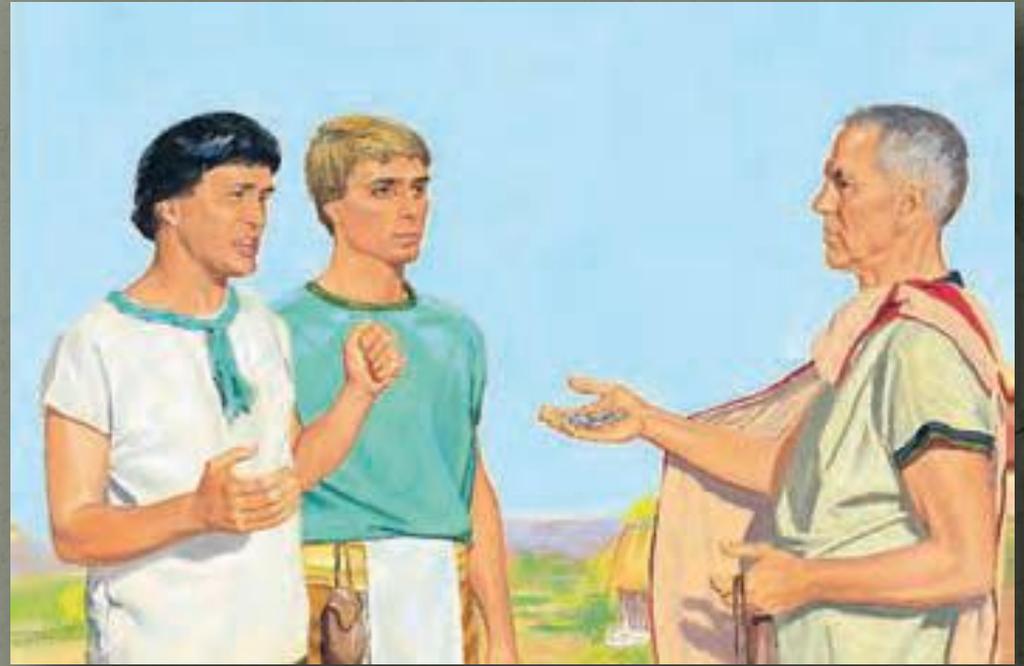


- The wicked people of Ammonihah were all killed by a Lamanite army, as Alma had prophesied.

Discussion Time



- Who can briefly tell us the story of Zeezrom from our last lesson?
- How did Zeezrom feel when he realized he had blinded the minds of the people?



- Let's read [Alma 14:6](#)

- How did Zeezrom show he was sorry for his sins?

- Let's read Alma 14:7



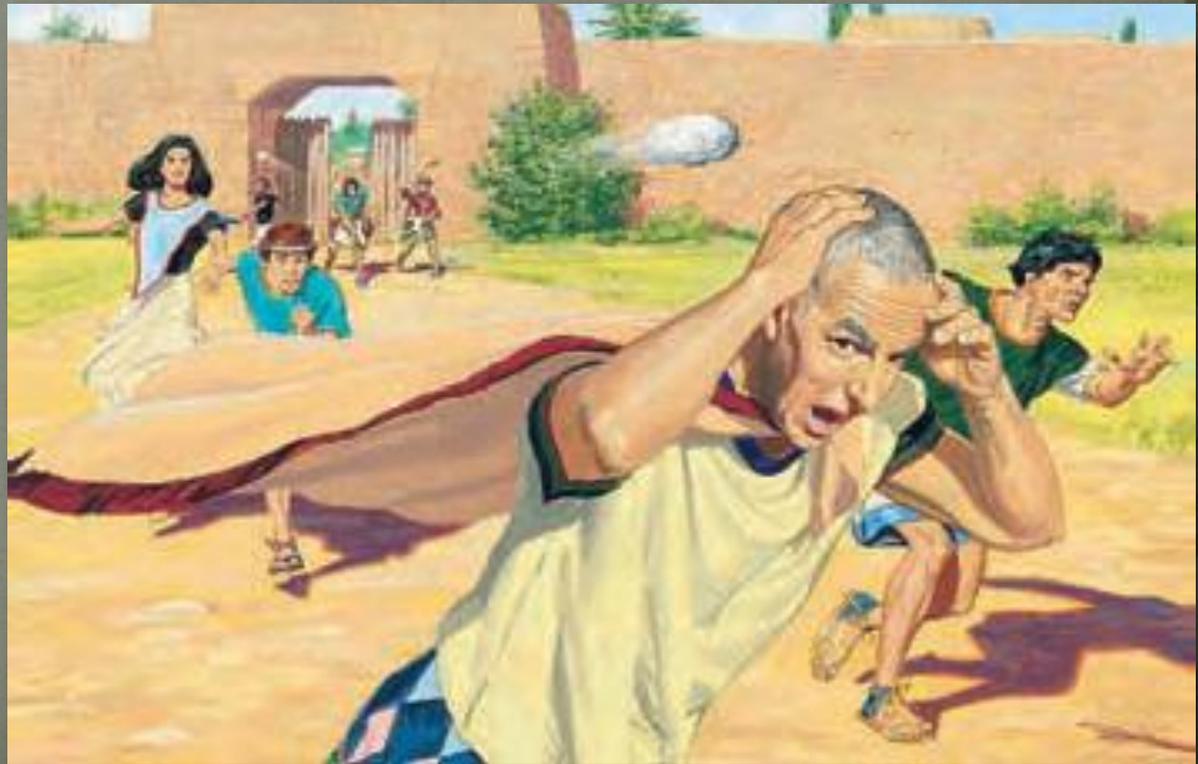
- How did the people treat him?

- Why do people sometimes persecute those who believe in Heavenly Father?

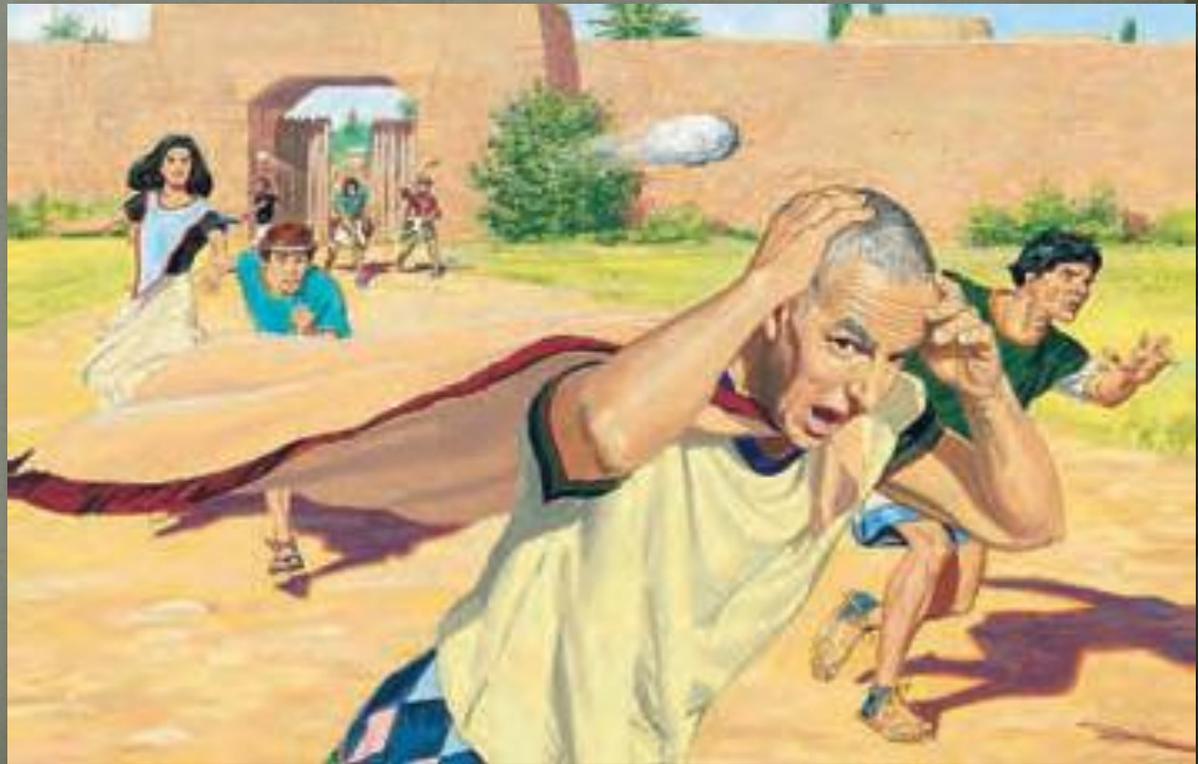


- What did the people of Ammonihah do to Zeezrom and those who believed Alma and Amulek?

- Let's read Alma 14:7, 9



- How would you feel if this happened to you?



- As the sorrowing Alma and Amulek watched the scriptures and the innocent wives and children burning, what did the Holy Ghost tell Alma?



- Let's read [Alma 14:11](#)

- Why didn't Heavenly Father allow Alma to save the people from the fire?



- What happens to righteous people who die in defense of the truth?
- Let's read Alma 60:13



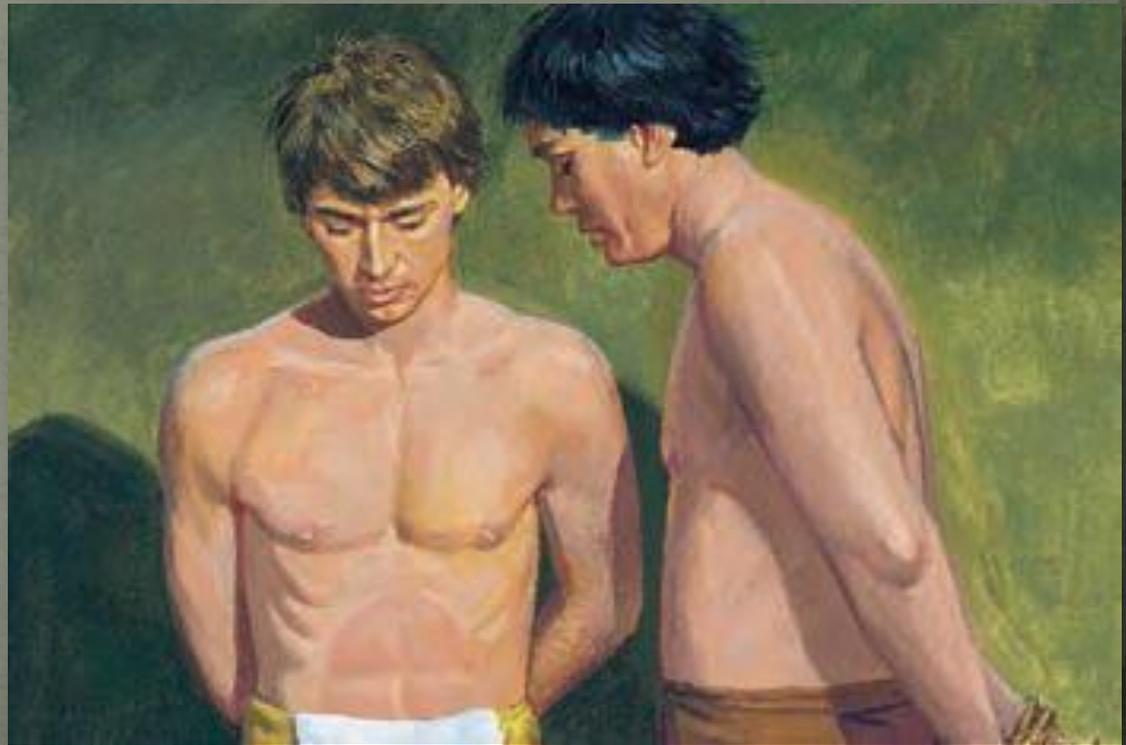
- Why do you think Alma and Amulek were able to endure their awful persecutions?
- What can you do to try to gain the faith in Jesus Christ that Alma and Amulek had?





- How does standing for the right take courage?

- While Alma and Amulek were in prison, what were they given the power to do?
- Let's read Alma 14:25–28
- Who gave them this power?



- Why do you think the people of the city ran away from Alma and Amulek?



- Let's read Alma 14:29

- Why was Zeezrom sick with a burning fever?



- Let's read Alma 15:3

- What made it possible for Zeezrom to be healed both physically and spiritually?

- Let's read Alma 15:6–8



- How have you felt when you have done something wrong?
- How have you felt when you have repented?

- After he was healed and baptized, what did Zeezrom do?

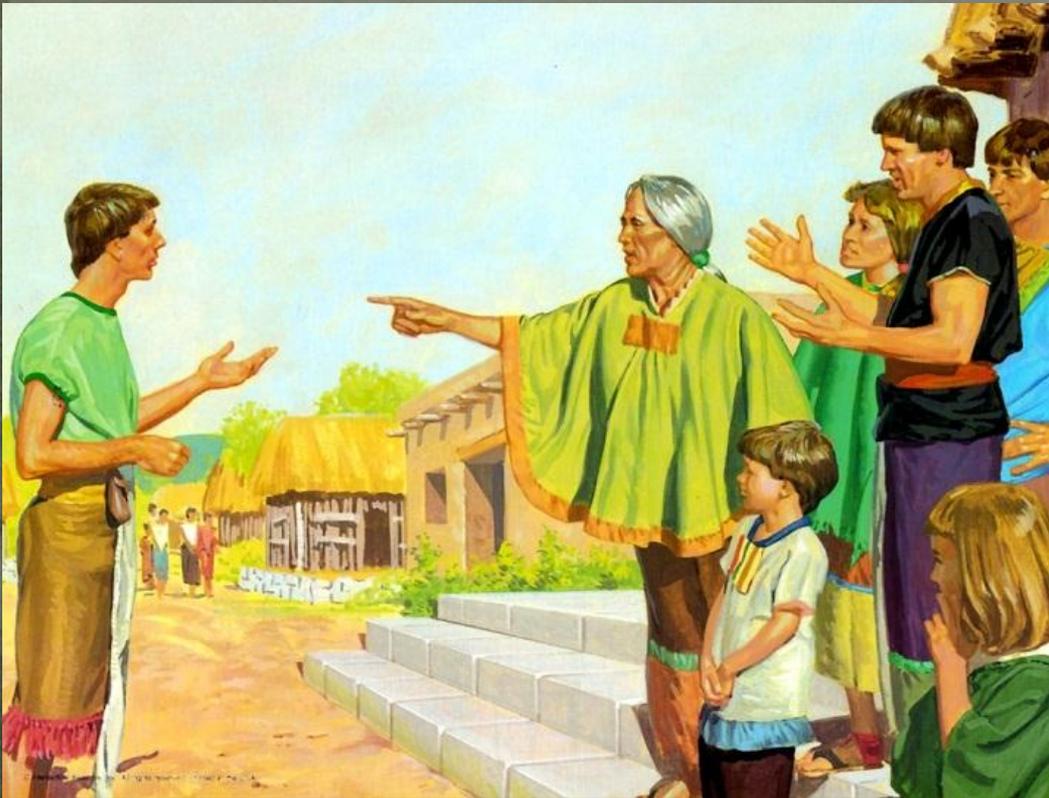
- Let's read Alma 15:12



- What are you doing now to share the gospel with others?

- How can you prepare to serve a full-time mission?
- What happened to Amulek because he was a missionary?
 - Let's read [Alma 15:16](#)
- What sacrifices do missionaries make today to go on a mission?

- What did Alma prophesy would happen to the people of Ammonihah if they refused to repent?



- Let's read Alma 9:18

- How was this prophecy fulfilled?

- Let's read Alma 15:15 & 16:2-3, 9-10





- What have you learned from the story of Alma and Amulek that will help you have faith in Jesus Christ and stand for the right?

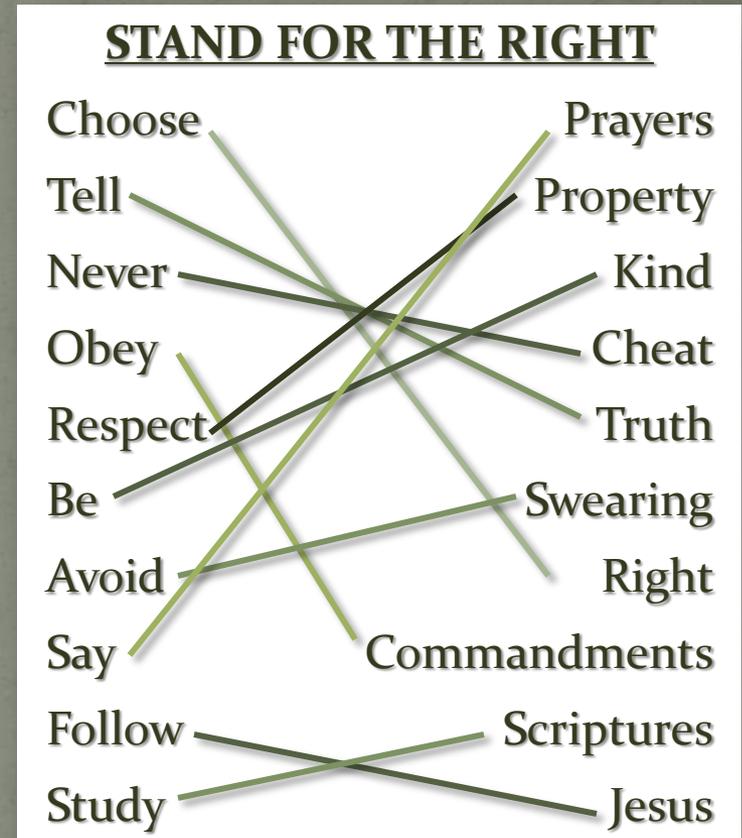
Stand for the Right

- I have a chart for each of you.
- Draw lines to connect each word on the left to the correct word on the right on your chart.
- Stand when you are finished.

STAND FOR THE RIGHT

Choose	Prayers
Tell	Property
Never	Kind
Obey	Cheat
Respect	Truth
Be	Swearing
Avoid	Right
Say	Commandments
Follow	Scriptures
Study	Jesus

- Sit down and choose a statement that you are willing to take a stand for.
- Come to the front of the room and repeat your goal out loud while opening the umbrella and standing under it.





The umbrella
represents the
teachings of
Jesus Christ,
which will
protect us
from Satan if
we stand
under them.

- Let's make a list on the chalkboard of things we can do to strengthen our faith in Jesus Christ.
- Choose one thing from the list to do during the coming week.
- Close your eyes and imagine yourself accomplishing your goal!

× How did Zeezrom go through each of the steps listed in the fourth article of faith?

+ We believe that the first principles and ordinances of the Gospel are:

× *first*, Faith in the Lord Jesus Christ;

× *second*, Repentance;

× *third*, Baptism by immersion for the remission of sins;

× *fourth*, Laying on of hands for the gift of the Holy Ghost.





I testify that as we
obey the
commandments
as Alma and
Amulek did, our
own faith in Jesus
Christ will increase
and we will have
courage to stand
for the right.

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