

Four Vital Steps for Treating Accident Victims

In the land of (insert camp name), in the jungle of cool, there once was a place where two teenagers skipped school! They ran from their mom, their teacher and dad - if only they knew it would end up - so BAD!

They went to the lake all shiny and clear, put on their swim suits and thought, "no one will come here!" But just as they plunged to that beautiful lake, one chickened out and thought "just for my sake, I'll wait til my friend dives into the blue and see if it's cold... or too good to be true."

It's best that she waited, you'll see in the end. It's best she remained on the shore, that good friend. For the lake monster came, as lake monsters do, and was very upset to see one in his pool. He grabbed and shook her 'til her heart stopped its beat and then tossed her on shore and began to retreat.

"Oh NO!" thought the friend, "oh - what shall I do?" Then remembered, "oh yes, there's a reason I'm cool. I went to Girls camp! I am certified! I'll handle this calmly with confident pride."

First I must check her heart to see if it's beating and then I will check if she's breathing or bleeding. Is she choking? Oh no, nothing's caught in her throat. And poisoning, the chances must be remote. So she checked and she knew that her friend's heart had stopped. Not one little plip, not one little plop. So she knew what to do, compressions she started. And prayed from her friend she would not be departed. Her heart started to beat, oh there's nothing so sweet!

But that's not all that her good friend must do... now texting was something she knew ...oh she knew! She called 911, then she texted her dad, her mom and her teacher and a cute boy named Brad. She told the whole story, with quick thumbs and care. And she knew that help was soon to be there.

While waiting, she realized she must treat for shock. All those who've been hurt need their shock to be stopped. After raising her feet and talking calmly, she looked for other large or small injuries.

Soon came the police and the firemen too. Her mom and her dad and then Brad - oh Brad, is it you?

So the teens learned two valuable lessons that day. Not just true to their school they must stay, but it's really quite smart to learn and be wise, for someday you might be in for surprise.